



GLASTONBURY ABBEY

INDIVIDUAL RETREATS

CONTACT US:

Retreats &

Morcone Center Office

781-749-2155 x 300

retreats@glastonburyabbey.org

www.glastonburyabbey.org

16 Hull Street | Hingham, MA 02043

Welcome

Taking time away from daily responsibilities to rest, reflect, and reconnect is a meaningful spiritual practice. Glastonbury Abbey welcomes individuals seeking a quiet, prayerful setting for personal retreat, reflection, and renewal.

Rooted in the Benedictine tradition of hospitality, our retreat houses offer a peaceful environment supported by simple accommodations, shared meals, and optional participation in the prayer life of the monastic community.

Accommodations & Rates

2026 Suggested Offering: \$110 per person, per night

2027 Suggested Offering: \$120 per person, per night

Includes private room, linens, and meals as outlined below.

Individual retreat guests are housed in one of our retreat houses, which are designed to support quiet, simplicity, and rest.

Retreat houses are multi-level and do *not* have elevators. *Please notify us in advance if mobility accommodations are needed.*

Meals

- Dinner is served on the evening of arrival
- Self-serve breakfast (coffee and tea provided)
- Lunch and dinner served on full retreat days
- Sunday Brunch served at **11:45 AM**

Our kitchen provides balanced meals. While we are *not* allergy-free, we make every effort to accommodate dietary needs with advance notice. Please notify us of significant dietary restrictions at least one week prior to arrival.

Prayer & Monastic Life

All retreat guests are welcome to join the monks for the Liturgy of the Hours and the Eucharist. Daily prayer schedules are available in the retreat houses.

Individual retreats are self-directed. While the Abbey does not provide spiritual direction as part of an individual retreat, spiritual directors are available through the Abbey by separate arrangement. For more information, please visit our website or email:

spiritualdirection@glastonburyabbey.org

Arrival & Departure

- **Arrival:** Between **3:00–4:00 PM** on the first day of your retreat
- Guests are welcomed at the Monastery Bookstore and shown to their room by retreat staff
- **Departure:** By **1:30 PM** on the final day
- Early arrival or late departure may be possible with advance approval and may require an additional fee. Arrival after 8:00 PM is generally not permitted. If unavoidable, please contact the monastery in advance.
- Transportation assistance from the Cohasset Station (Greenbush Line) may be available by arrangement. Please inquire with the Retreat Coordinator.

Reservations & Payment

- Individual retreat requests are submitted through our [online application](#).

Once availability is confirmed:

- A **non-refundable deposit equal to one night's stay** is required
- **Full payment is due 5 days prior to arrival**

Safety & House Guidelines

To preserve the quiet and contemplative nature of the retreat environment, we ask guests to observe the following:

- Retreat houses are quiet spaces; cell phone use is limited to outdoors
- Silence is maintained in bedroom areas
- No smoking anywhere on monastery grounds
- No open flames (candles, incense, etc.)
- Furniture may not be moved without permission
- All buildings are air-conditioned and offer Wi-Fi
- Pets are not permitted in retreat houses

Linens & Departure Courtesy

Bedding and towels are provided. Guests are asked to strip their beds upon departure and place used linens in the provided pillowcase outside the room. This shared practice reflects care for the next guest.

How to Apply | Individual Retreat Application

Please complete the online form to register for an individual retreat.

<https://www.glastonburyabbey.org/about-retreats/retreat-sign-up/>

The Retreat Office will follow up to confirm details.

You may also contact us directly for planning support or questions:

Retreat Office Staff

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