

St. Joseph Spiritual Ministries
71 Walnut Park
Newton, MA 02458



Summer Retreats at Glastonbury Abbey, 2025



*A **Directed Retreat** includes an individual daily meeting with a director focusing on the retreatant's experience of God and help in discerning the interior movements of the Holy Spirit.*

*A **Guided Retreat** includes prayer, presentations and an opportunity, if one would like, to meet once with the director during the retreat.*

On all retreats, within an atmosphere of silence, there is time for personal prayer, exercise, rest and liturgy.

Thursday, June 19 – Friday, June 27, 2025 (8 days)

Carol Fitzsimmons, CSJ, Joanne Fantini, CSJ Agrégée, MaryAnne Davey

Sunday, July 6 – Friday, July 11, 2025 (5 days)

Guided Retreat with Virginia A. Blass, DMin

Deepening in God's Compassion, Hope, and Healing

Come away and be revitalized and renewed
by God's unconditional love and compassion, and deepen in hope.
This is a time of grace for our encouragement, healing, and thriving.

Monday, July 14 – Tuesday, July 22, 2025 (8 days)

Patricia Smith, SSJ, Alice Poltorick, Nancy Sheridan, SASV

Thursday, July 24 – Monday, July 28, 2025 (4 days)

Kathleen Hagerty, CSJ, Mary MacGillivray, CSJA

Thursday, July 31 – Monday, August 4, 2025 (4 days)

Joanne Fantini, CSJ Agrégée, Jane O'Shaughnessy, RSCJ, Alice Poltorick

Wednesday, August 6 – Thursday, August 14, 2025 (8 days)

Joan McCarthy, CSJ, Dorothea Masuret, CSJ, Nan Bouché, CSJA

COST OF DIRECTED and GUIDED RETREATS

4 days: \$410; ~ 5 days ~ \$510; 8 days ~ \$810

A \$150 **non-refundable, non-transferable deposit**, applicable to the total cost, is required within two weeks of acceptance to reserve a room. The balance is due 10 days prior to the retreat.

Payment can be with cash, check, MC/V/AE/D.

More details on receipt of confirmation letter.



Glastonbury Abbey provides an ideal place for a retreat. Situated on 60 acres with woods and spacious lawns, the abbey has many benches, a fountain, a labyrinth, Stations of the Cross and an herb garden. The abbey is 25 miles south of Boston and Logan Airport. It is 0.8 mile from the Cohasset Station and trains from Boston's South Station.

Stonecrest, freshly renovated, accommodates 18 people on three floors. It also has a dining room, a library and a back patio. Stonecrest is fully air-conditioned and features wireless internet access and ample parking. Bedrooms on the first and third floors have individual bathrooms; second floor rooms have private bathrooms. Handicapped accessible.



The Sisters of St. Joseph are very grateful to the monks at Glastonbury Abbey for their warm welcome and eagerness to collaborate in the summer directed retreats.

ARRIVAL & DEPARTURE for Directed & Guided Retreats

Arrival is between 3:00 P.M. and 6:00 P.M.

Dinner is served at 6:30 P.M.

Departure is at approximately 11:30 A.M. and liturgy at 12 noon is optional.

No lunch on the last day.

SPECIAL FEATURES

The **Eucharist** is celebrated each day and it is open to the public. The monks also pray the **Liturgy of the Hours** chanting psalms, reading scriptures, offering intercessory prayers four or five times each day. (Optional for retreatants.)



Nantasket Beach is 2.2 miles away with its pure, soft-sand beach, the clean Atlantic Ocean, a long Boardwalk for strolling, sitting and viewing both sunrises and sunsets.

Contact us at St. Joseph Spiritual Ministries

71 Walnut Park, Newton, Massachusetts, 02458
Spiritual.ministries@csjboston.org; 781-227-4730

OUR DIRECTORS

Virginia A. Blass, D.Min., M.A., M.Ed.



Virginia is an experienced and certified spiritual director, preacher, retreat master, author, and teacher. Virginia has been engaged in ministry for over thirty years and offers spiritual direction, guided retreats, parish missions and programs, and consultation. Many of her programs are also offered via zoom. Virginia has engaged in ministerial collaboration with both the Passionists of the St. Paul of the Cross Province and with the Jesuits of the Tri-Province for many years. She continues as guest director at Eastern Point Retreat Center in Gloucester, MA; and other retreat locations. She enjoys offering retreats for Senior Religious and their Communities. Her passion is the teaching and offering of the gift of discernment, with special dedication to the ministry of spiritual direction, rooted in the Spiritual Exercises of St. Ignatius of Loyola.

Nan Bouché, CSJA



Nan Bouché, CSJA, is a wife, mother and grandmother of four precious young granddaughters. She is an associate with the Sisters of St. Joseph of Boston and a retired hospital chaplain. Nan holds a Master's Degree in Theology from Boston College with a concentration in Pastoral Care and Counseling. Having completed two internships in spiritual direction, Nan has been engaged in the practice of spiritual direction for a number of years on Cape Cod where she lives. Nan also directs retreats in various retreat houses. As a trained supervisor, she is engaged in the ministry of supervision of spiritual directors.

MaryAnne Davey, MA



MaryAnne Davey is the Founder & CEO of Body & Soul Ministries, a spiritual companionship ministry through which she offers spiritual direction, retreat facilitation and ministry mentorship. MaryAnne has 20 years of experience in Catholic higher education with a focus in mission and ministry work. Her spiritual direction training is steeped in the Ignatian tradition. MaryAnne directs retreats at Eastern Point Retreat House and Genesis Spiritual Life & Conference Center. She assists with the Spiritual Exercises Retreats at College of the Holy Cross and offers spiritual programs with local organizations. MaryAnne serves as an adjunct instructor in the Practice of Spiritual Direction with the Spiritual Direction Internship Initiative (SDII). She is passionate about justice, equity and integrated well-being.

Joanne Fantini, CSJ Agrégée



Joanne is a vowed Agrégée of the Sisters of St. Joseph of Boston making her vow in 2019. She currently serves as the Director of SJSM. She served as Director of Eastern Point Retreat House and as a member of the staff. Joanne received her Master's Degree in Pastoral Ministry with a concentration in Spirituality from Boston College including a year-long practicum at CRD and the Jesuit Collaborative. Joanne has been providing spiritual direction and retreats since 2007 in the Ignatian tradition. She is the mother of four adult children and grandmother of one.

Carol Fitzsimmons, CSJ



Carol Fitzsimmons, CSJ has more than 30 years' experience as a Spiritual Director and Retreat Director. She has a Master's degree in Counseling, a Certificate of Study from the Jesuit School of Theology, Berkeley, CA, and holds a Certificate in Spiritual Direction from the Center for Religious Development, Cambridge, Massachusetts. Following 10 years as Team member and teacher in the Sabbatical Program at St. Stephen Priory and Spiritual Life Center, Sister Carol served at St Joseph Retreat Center in Cohasset, Massachusetts. She continues offering Spiritual Direction and Retreats.

Kathleen Hagerty, CSJ



Kathleen Hagerty, CSJ is a Sister of St. Joseph of Boston. She holds a M.A. in Religious Education from Emmanuel College and a M.A. in Christian Spirituality from Creighton University, Omaha, Nebraska. She is also a NACC Certified Chaplain. Kathleen is a certified Mid-Life Directions Consultant, an international group who conduct aging programs for mid-life and older adults throughout the U.S. and abroad. Kathleen has been an educator and administrator. She recently served as an Interfaith Chaplain for the State of Massachusetts in an inpatient locked clinical setting for fourteen years. Currently, Kathleen conducts workshops on aging and spirituality and does Spiritual Direction and conducts retreats in the New England area.

Mary MacGillivray, CSJA



Mary, a single laywoman, is an Associate of the Sisters of St. Joseph of Boston. She holds a Master of Arts Degree in Theological Studies from Immaculate Conception Seminary, Long Island, NY.

After thirty-three years teaching theology at the high school level, Mary retired from education and is now a part-time hospital Chaplain at Spaulding Rehabilitation Hospital in Brighton, Massachusetts. She received her certificate in Spiritual Direction through the Spiritual Direction Internship Initiative with the Sisters of St. Joseph of Boston. Mary recognizes that companioning those who desire direction on their spiritual journey is a privilege and a gift. She understands spiritual direction as a way of helping people listen to their heart.

Dorothea Masuret, CSJ



Dorothea Masuret, CSJ, received a Master's Degree in Pastoral Ministry with a concentration in Spirituality from Boston College. For many years she served in the Office for Pastoral Ministries in the Archdiocese of Boston, providing opportunities for ongoing spiritual formation and pastoral outreach. During this time, she also served as a facilitator for Parish Pastoral Councils, Religious Communities and Parish Staffs assisting them in developing goals and actions that embraced Christ's Mission. She now is engaged in St. Joseph Spiritual Ministries offering Directed Retreats, Spiritual Direction and Days of Prayer.

Joan M. McCarthy, CSJ



Joan M. McCarthy, CSJ, is a Sister of St. Joseph. She has ministered in spirituality programs since 1973 and this has included 24 years as a full time staff member at Gonzaga Retreat House in Gloucester, MA, St. Joseph Retreat Center in Cohasset, MA and Southdown, an ecumenical, residential treatment center in Canada. Joan has given hundreds of 4-30 day retreats in numerous U.S. retreat centers, Wales, Ireland, England and Canada. She served on her congregation's leadership and initial formation teams. Presently, she continues to offer spiritual direction, supervision, directed retreats, professional development programs for spiritual directors and has co-directed a training program in spiritual direction since 2003.

Jane O'Shaughnessy, RSCJ



Jane O'Shaughnessy, RSCJ is on the retreat staff at the *Spiritual Ministry Center* in San Diego and is a core team member of *Sophie's Well: A Center for Sacred Heart Spirituality* for the US-Canada Province of the Society of the Sacred Heart. She has served on many of the Busy Person's Retreat teams at the Sacred Heart Schools in the U.S. and in Taiwan. She has served as a spiritual director at the Institute for Consecrated Life in the Philippines and returns every other year to co-teach a class in Spiritual Companionship. She received her MTS

from Weston Jesuit School of Theology. She is the mother of two daughters and grandmother of four amazing grandchildren.

Alice Poltorick



Alice Poltorick has a certificate in spiritual direction from the Franciscan spiritual direction training program at St. Anthony Shrine and an MBA from Boston College. She has served as director of communications for the Sisters of Mercy, as provincial assistant for the Jesuits, and as a communications consultant with the Sisters of St. Joseph. Alice's community involvement includes mentoring in the CLA program, facilitating retreats with the Ignatian Spirituality Project, and leading meditation workshops with *More Than Words*. Alice's experience with Ignatian spirituality deepened during her work with the Jesuits and especially with The Jesuit Collaborative. She has made the Spiritual Exercises in the 19th Annotation format and on a 30-day retreat at Eastern Point. Alice is a member of St. Joseph Spiritual Ministries' Advisory Board.

Nancy Sheridan, SASV



Nancy Sheridan is a Sister of the Assumption of the Blessed Virgin. She has been a guest director at Campion Renewal Center, Eastern Point Retreat House and Genesis Spiritual Center for over twenty-five years. She has directed retreats in Korea, Ireland and Canada and engages in the formation of retreat directors at St. Beuno's Jesuit Retreat House in North, Wales. For the past thirty years Nancy has facilitated a supervision group at the College of the Holy Cross. Nancy spent time on the permanent staff at Eastern Point Jesuit Retreat House and on the team at the Center for Religious Development in Cambridge. She served on the leadership team of her religious congregation with a special interest in formation of associate members and mission awareness. Presently she lives with and learns from a five-year-old cancer diagnosis.

Patricia Smith, SSJ



Pat Smith is a Sister of St. Joseph of Springfield, MA. Most of her ministry has been in East Africa in various ministries spanning 42 years. They have included secondary education, women's development education, retreat and spiritual accompaniment, and formation work. In 2015 Pat returned home and ministered at Genesis Spiritual Life Center in Westfield, MA for a year and a half. She has finished a 5-year term as a member of her congregation's leadership team. Now, she is back to retreat and spiritual accompaniment.