

St. Joseph Spiritual Ministries
71 Walnut Park
Newton, MA 02458



Summer Retreats at Glastonbury Abbey, 2023



*A **Directed Retreat** includes an individual daily meeting with a director focusing on the retreatant's experience of God and help in discerning the interior movements of the Holy Spirit.*

*A **Guided Retreat** includes prayer, presentations and an opportunity, if one would like, to meet once with the director during the retreat.*

On all retreats, within an atmosphere of silence, there is time for personal prayer, exercise, rest and liturgy.

Wednesday, June 21 – Thursday, June 29, 2023 (8 Days)

Carol Fitzsimmons, CSJ, Joanne Fantini, CSJ Agrégée,
Clare Walsh, MSHS

Guided Retreat with Maureen Casey, SND de Namur

Come and Let God “Widen the Space of Your Tent” (Isaiah 54:2)

Sunday, July 9 – Saturday, July 15, 2023 (6 Days)

The retreat will be a time to allow the Holy One to widen the space of your heart in nature, scripture, Eucharist, poetry, song. Come and gift God with a time to renew and awaken in new ways your mystical heart.

Tuesday, July 18 – Wednesday, July 26, 2023 (8 Days)

Carol Fitzsimmons, CSJ, Patricia Smith, SSJ, Alice Poltorick

Friday, July 28 – Tuesday, August 1, 2023 (4 Days)

Kathleen Hagerty, CSJ, Dorothea Masuret, CSJ, Alice Poltorick

Thursday, August 3 – Monday, August 7, 2023 (4 Days)

Joanne Fantini, CSJ Agrégée, Nancy Kehoe, RSCJ
Jane O'Shaughnessy, RSCJ

Wednesday, August 9 – Wednesday, August 16, 2023 (7 Days)

Joan McCarthy, CSJ, Nan Bouché, CSJA, Mary MacGillivray, CSJA

COST OF DIRECTED RETREATS

4 days ~ \$375; 7 days ~ \$660; 8 days ~ \$750

COST OF GUIDED RETREAT

6 days ~ \$570

A \$150 ***non-refundable, non-transferable deposit***, applicable to the total cost, is required within two weeks of acceptance to reserve a room. The balance is due 10 days prior to the retreat.

Payment can be with cash, check, MC/V/AE/D.

More details on receipt of confirmation letter.



Glastonbury Abbey provides an ideal place for a retreat. Situated on 60 acres with woods and spacious lawns, the abbey has many benches, a fountain, a labyrinth, Stations of the Cross and an herb garden. The abbey is 25 miles south of Boston and Logan Airport. It is 0.8 mile from the Cohasset Station and trains from Boston's South Station.

Stonecrest, freshly renovated, accommodates 18 people on three floors. It also has a dining room, a library and a back patio. Stonecrest is fully air-conditioned and features wireless internet access and ample parking. Bedrooms on the first and third floors have individual bathrooms; second floor rooms have private bathrooms. Handicapped accessible.



The Sisters of St. Joseph are very grateful to the monks at Glastonbury Abbey for their warm welcome and eagerness to collaborate in the summer directed retreats.

ARRIVAL & DEPARTURE for Directed & Guided Retreats

Arrival is between 3:00 P.M. and 6:00 P.M.

Dinner is served at 6:30 P.M.

Departure is at approximately 11:30 A.M. and liturgy at 12 noon is optional.

No lunch on the last day.

SPECIAL FEATURES

The **Eucharist** is celebrated each day and it is open to the public. The monks also pray the **Liturgy of the Hours** chanting psalms, reading scriptures, offering intercessory prayers four or five times each day. (Optional for retreatants.)



Nantasket Beach is 2.2 miles away with its pure, soft-sand beach, the clean Atlantic Ocean, a long Boardwalk for strolling, sitting and viewing both sunrises and sunsets.

Contact us at St. Joseph Spiritual Ministries
71 Walnut Park, Newton, Massachusetts, 02458
[Spiritual.ministries@csjboston.org](mailto:spiritual.ministries@csjboston.org); 781-227-4730

OUR DIRECTORS

Nan Bouché, CSJA



Nan Bouché, CSJA, is a wife, mother and grandmother of four precious young granddaughters. She is an associate with the Sisters of St. Joseph of Boston and a retired hospital chaplain. Nan holds a Master's Degree in Theology from Boston College with a concentration in Pastoral Care and Counseling. Having completed two internships in spiritual direction, Nan has been engaged in the practice of spiritual direction for a number of years on Cape Cod where she lives. Nan also directs retreats in various retreat houses. As a trained supervisor, she is engaged in the ministry of supervision of spiritual directors.

Maureen Casey, SND



Maureen Casey SND is a Sister of Notre Dame de Namur who has been involved in the ministry of spiritual direction and retreat work at St. Stephen Priory in Dover, MA and more recently at Miramar Retreat Center in Duxbury, MA. She has been involved in the ministries of spiritual direction and retreat work for the past 35 years. Maureen also is part of the coordinating staff of the Spiritual Direction Internship Initiative with Joan McCarthy CSJ.

Joanne Fantini, CSJ Agrégée



Joanne currently serves as Director for Saint Joseph Spiritual Ministries. She served at Eastern Point Retreat House for 4 years as Director and 1½ years as a member of the retreat team staff. Joanne received a Master's Degree in Pastoral Ministry with a concentration in Spirituality from Boston College including a year-long practicum at CRD and the Jesuit Collaborative. Joanne has been providing spiritual direction and retreats since 2007 in the Ignatian tradition. She is the mother of 4 adult children and grandmother of one. Joanne is a vowed Agrégée with the Sisters of St. Joseph of Boston.

Carol Fitzsimmons, CSJ



Carol Fitzsimmons, CSJ has more than 30 years' experience as a Spiritual Director and Retreat Director. She has a Master's degree in Counseling, a Certificate of Study from the Jesuit School of Theology, Berkeley, CA, and holds a Certificate in Spiritual Direction from the Center for Religious Development, Cambridge, Massachusetts. Following 10 years as Team member and teacher in the Sabbatical Program at St. Stephen Priory and Spiritual Life Center, Sister Carol served at St Joseph Retreat Center in Cohasset, Massachusetts. She continues offering Spiritual Direction and Retreats.

Kathleen Hagerty, CSJ



Kathleen Hagerty, CSJ is a Sister of St. Joseph of Boston. She holds a M.A. in Religious Education from Emmanuel College and a M.A. in Christian Spirituality from Creighton University, Omaha, Nebraska. She is also a NACC Certified Chaplain. Kathleen is a certified Mid-Life Directions Consultant, an international group who conduct aging programs for mid-life and older adults throughout the U.S. and abroad. Kathleen has been an educator and administrator. She recently served as an Interfaith Chaplain for the State of Massachusetts in an inpatient locked clinical setting for fourteen years. Currently, Kathleen conducts workshops on aging and spirituality and does Spiritual Direction and conducts retreats in the New England area.

Nancy Kehoe, RSCJ



Nancy C. Kehoe, RSCJ, PhD., is a member of the Religious of the Sacred Heart. She is an Assistant Clinical Professor of Psychology in the Department of Psychiatry at Harvard Medical School, part time. Her area of expertise is religion and spirituality in the clinical context. For thirty-five years, using a model she created, Dr. Kehoe has led groups on spiritual beliefs and values for adults with psychiatric disabilities. For more than ten years she directed retreats at the Retreat Center in Cohasset MA and has presented at the CSJ Intern program in Brighton MA. She is the author of *“Wrestling with Our Inner Angels: Faith, Mental Illness and the Journey to Wholeness.”*

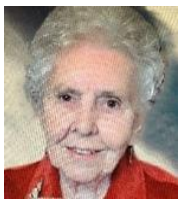
[Spiritual.ministries@csjboston.org](mailto:spiritual.ministries@csjboston.org)

Dorothea Masuret, CSJ



Dorothea Masuret, CSJ, received a Master's Degree in Pastoral Ministry with a concentration in Spirituality from Boston College. For many years she served in the Office for Pastoral Ministries in the Archdiocese of Boston, providing opportunities for ongoing spiritual formation and pastoral outreach. During this time, she also served as a facilitator for Parish Pastoral Councils, Religious Communities and Parish Staffs assisting them in developing goals and actions that embraced Christ's Mission. She now is engaged in St. Joseph Spiritual Ministries offering Directed Retreats, Spiritual Direction and Days of Prayer.

Joan M. McCarthy, CSJ



Joan M. McCarthy, CSJ, is a Sister of St. Joseph. She has ministered in spirituality programs since 1973 and this has included 24 years as a full time staff member at Gonzaga Retreat House in Gloucester, MA, St. Joseph Retreat Center in Cohasset, MA and Southdown, an ecumenical, residential treatment center in Canada. Joan has given hundreds of 4-30 day retreats in numerous U.S. retreat centers, Wales, Ireland, England and Canada. She served on her congregation's leadership and initial formation teams. Presently, she continues to offer spiritual direction, supervision, directed retreats, professional development programs for spiritual directors and has co-directed a training program in spiritual direction since 2003.

Jane O'Shaughnessy, RSCJ



Jane O'Shaughnessy, RSCJ is on the retreat staff at the *Spiritual Ministry Center* in San Diego and is a core team member of *Sophie's Well: A Center for Sacred Heart Spirituality* for the US-Canada Province of the Society of the Sacred Heart. She has served on many of the Busy Person's Retreat teams at the Sacred Heart Schools in the U.S. and in Taiwan. She has served as a spiritual director at the Institute for Consecrated Life in the Philippines and returns every other year to co-teach a class in Spiritual Companionship. She received her MTS from Weston Jesuit School of Theology. She is the mother of two daughters and grandmother of four amazing grandchildren.

Alice Poltorick



Alice Poltorick has a certificate in spiritual direction from the Franciscan spiritual direction training program at St. Anthony Shrine and an MBA from Boston College. She has served as director of communications for the Sisters of Mercy, as provincial assistant for the Jesuits, and as a communications consultant with the Sisters of St. Joseph. Alice's community involvement includes mentoring in the CLA program, facilitating retreats with the Ignatian Spirituality Project, and leading meditation workshops with *More Than Words*. Alice's experience with Ignatian spirituality deepened during her work with the Jesuits and especially with The Jesuit Collaborative. She has made the Spiritual Exercises in the 19th Annotation format and on a 30-day retreat at Eastern Point. Alice is a member of St. Joseph Spiritual Ministries' Advisory Board.

Patricia Smith, SSJ



Pat Smith is a Sister of St. Joseph of Springfield, MA. Most of her ministry has been in East Africa in various ministries spanning 42 years. They have included secondary education, women's development education, retreat and spiritual accompaniment, and formation work. In 2015 Pat returned home and ministered at Genesis Spiritual Life Center in Westfield, MA for a year and a half. She has finished a 5-year term as a member of her congregation's leadership team. Now, she is back to retreat and spiritual accompaniment.

Clare Walsh, MSHS



Clare Walsh, a Mission Helper of the Sacred Heart, is a retreat & spiritual director. Clare is a graduate of Weston Jesuit School of Theology. She was Director of Pastoral Care at Tufts Medical Center, was on the staff of the Center for Religious Development, was Assistant to the Jesuit Provincial for Ignatian Spirituality and served her community as Formation Director and on the Leadership Team. She teaches a Practicum in Spiritual Direction at the School of Theology and Ministry at Boston College.

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