

A bronze statue of a seated figure, likely a nun, is the central focus of the image. The statue is viewed from behind, showing its habit and hands clasped in prayer. It sits on a stone base. In the background, there is a large, light-colored building with a gabled roof and several windows. The scene is surrounded by lush greenery, including trees and bushes. A wooden pergola structure is visible at the top of the frame. The entire image is framed by a solid blue border.

Glastonbury  
Abbey  
Institute

2022 – 2023

## About the Glastonbury Abbey Institute:

The Institute is an extension of the rich Benedictine monastic teaching tradition found at Glastonbury Abbey. As a spiritual resource for lifelong learning, we invite all people from diverse interfaith and cultural traditions to explore and deepen human ways of knowing and being.

### **Please Note:**

All Institute programs will be virtual on Zoom unless otherwise noted. If the COVID risk lessens, it may be possible that some programs may change to in-person. For now, please register for programs that interest you and keep a check on the website as the presentation gets closer. In addition to all retreats the following programs will, at this time, be in-person only: *Introduction to the Enneagram*, *The Artist's Way*, *Healing Hands Part 1 and 2* and *The Easter Triduum*.

The Institute is self-supporting. Donations of any amount are deeply appreciated and will help us cover the cost of our programs. Suggested donation is \$20 per person.

[www.glastonburyabbey.org](http://www.glastonburyabbey.org)

Question: Please call 781-749-2155 x300

Thank you for your support for our programs during 2021-2022. Please register online for each event; if the program is part of a series you must register for each event. Registrations are accepted up to 12:00 pm the day of the event. You should register on the website: [www.glastonburyabbey.org](http://www.glastonburyabbey.org).

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## *Spiritual Enrichment Programs*

The Spiritual Enrichment Programs provide educational opportunities for people of all faiths and at different places in their lives to learn more about themselves, connect with others, and interact with the world around.

Most programs will be virtual starting at 7:00 pm and ending at 8:30 unless otherwise noted. Whether the programs are virtual or in-person, we encourage everyone to register online for each event. That way you will have the Zoom information if the program becomes in-person.

Suggested Donation: \$20 per session

### **After Jesus – The Early Church**

*Fr. Nicholas Morcone OSB -*

*September 20 & 27, 2022, October 6, 2022*

In these three presentations, we will look at the cultural, social, and religious environment of the early Church and attempt to understand how these all affected and formed church structures and practices. We may also look at one or two of the post apostolic fathers and see where the seeds of the Church we have today are planted.



Father Nicholas, a life-long student of history, has been at Glastonbury Abbey since 1963. He was Abbot of the Glastonbury community from 1986-2008. He is now Master of Liturgical Ceremonies, leads retreats, and gives spiritual direction.

### **Commonweal Conversations**

*Moderator: Maggie Olson*

Commonweal Conversations is a program promoting thoughtful, expansive, intelligent dialogue on issues that matter – whether political, theological, cultural, or artistic. We encourage all participants to offer their opinions respectfully while also generously considering opinions that do not match their own. We learn by listening to others. All conversations will be virtual. Please register for each date separately and you will receive articles to read when you register.

10/3/2022 • 11/7/2022 • 12/5/2022  
1/10/2023 • 2/6/2023 • 3/6/2023 • 4/3/2023 • 5/1/2023

## **I Believe: Help My Unbelief**

*Fr. Timothy Joyce, OSB – Monday: October 10, November 14, December 12, 2022, January 9, February 13, April 17, 2023*

A series of monthly conversations about faith, doubt, and belief. These will be open discussions starting with reviewing an article or two given out for reading ahead of time. All are welcome: Catholics, former Catholics, non-Catholics or just the curious. Only good will and the openness to share and listen are needed.



Please register for each session on the Abbey website and you will receive the article for each session separately.

Father Timothy is a monk of Glastonbury Abbey since 1976. He holds an advanced degree in systematic theology from the Gregorian University in Rome. He is a licensed theologian, lecturer, spiritual director, and a writer – including a monthly bi-weekly blog, “Monastic Scribe,” which are on our website.

## **A Faith That Does Justice**

*Fr. Peter Gyves, SJ - Tuesday, October 18, 2022*

This discussion will focus on the mission, vision and practice of A Faith that Does Justice (AFTDJ), an interfaith organization, founded by Fr. Peter, that raises consciousness about social issues affecting the most vulnerable among us. The focus will be on committing to living faith in action and using Catholic Social Teaching as its foundation.



Fr. Peter has degrees from Boston College (BS., 1973. M.A, Theology, 1994), Georgetown University (M.D., 1978), Johns Hopkins University (M.P.H., 2006), and Weston School of Theology (STL., 2008).

## **Matthew’s Treasury: Things New and Old (Mt 13:52)**

*Regina Boisclair – Tuesday, November 15, 2022*

On the 1st Sunday of Advent 2022, all Christians who use a three-year lectionary for Sundays and Solemnities will begin a year that features the Gospel of Matthew. This talk will consider three issues that pertain to Matthew: the distinctive features of Matthew’s gospel; what is and is not



presented from Matthew in the Sunday Lectionary and Matthew's presentation of the Pharisees who appear most often in this gospel.

Dr. Regina Boisclair holds graduate degrees in biblical studies from Providence College, Yale Divinity School, the Ecole Biblique in Jerusalem and a doctorate in New Testament from Temple University.

## **Lenten Supper Talks – Religious Traditions**

*Tuesday: February 28, March 7, 14, 21, 28, 2023*

### *February 28, 2023 – Muslim Faith: Ramadan.*

Sr. Hoda Elsharkawi is currently the MAS Boston chaplain and an Islamic studies teacher at Alnoor Academy in Sharon.

### *March 7, 2023 – Coptic Orthodox Faith.*

Pishoy Mikhail is the priest at St. Mary & St. George Coptic Orthodox Church in Scituate.

### *March 14, 2023 – Jewish Faith*

Rabbi David Grossman has been the spiritual and religious leader of Temple Beth Sholom since 2019.

### *March 21, 2023 – Protestant Faith*

Rev. Dr. Karen Bailey-Francois, Minister at the Second Congregational Church in Cohasset.

### *March 28, 2023 – Catholic Faith*

Fr. Timothy Joyce, OSB, is a monk at Glastonbury Abbey.

## **Easter Triduum**

*Fr. Nicholas Morcone, OSB - April 6, 7, 8, 2023: 9:30 am*

Holy Thursday, Good Friday and the Easter Vigil make up the Easter Triduum. The three liturgies tell the story that stands at the core of the Christian faith. They celebrate the abiding significance of these sacred events in the lives of people today. This series of reflections will help people understand and participate in these liturgies.

Please register for each session on the Abbey website.



## **Mindfulness and Christian Contemplative Practice**

*Ethel Fraga – Tuesday, April 11, 9:30 – 3:30*

*Suggested Donation: \$100 Lunch included*

Mindfulness and Christian Contemplative Practice supports participants in integrating Centering Prayer Spirituality with the presence and grounding of Mindfulness practices which come out of the Buddhist tradition and are taught to reduce stress and increase presence and awareness.



Ethel Fraga has been a daily meditator since 1967, and a commissioned Centering Prayer Presenter and Group Facilitator for 35 years. She is also an Instructor of Jon Kabat Zinn's *Mindfulness Based Stress Reduction Course*.

## **Moving Beyond Boundaries: Exploring Sacraments and Sacramentality**

*Julie Upton, RSM – May 9, 2023*

The term “sacrament” has come to be associated with the seven official rituals of the Roman Catholic Church (or the two official rituals of many Protestant churches). It has been said that the ‘sacramental principle’ is our primary identity and we need to foster a sacramental imagination.



Dr. Julie Upton, a Sister of Mercy, has a PhD in Theology from Fordham University and is Provost Emerita and retired Distinguished Professor in the Department of Theology and Religious Studies at St. John University (NY), where she taught for 40 years.

## **Insights from Illia Delio**

*Illia Delio, OS, May 11, 2023*

Illia Delio, OSF, PhD is a Franciscan Sister of Washington, DC and American theologian specializing in science and religion, with interests in evolution, physics and neuroscience and the importance of these for theology.



## **Vatican II: Reborn and Celebrated!**

*Maureen Sullivan, OP, PhD. - May 23, 2023*

Vatican II began 60 years ago and gave us a charter for the Church of the 20th century and beyond. Some wonder if the Council is a “distant memory” or an “unfolding reality.” This presentation will examine this question and attempt to explain why it is indeed an “unfolding reality.” We will also see how Pope Francis’ call for a Synod is bringing about a rebirth of Vatican II.



Sr. Maureen Sullivan, a Dominican Sister of Hope from New York, received her M.A. in Theology from Manhattan College in the Bronx and her PhD. from Fordham University. She is Professor Emerita of Theology at St. Anselm College, New Hampshire.

## ***Adult Education Programs***

Register on-line for all adult education courses or call 781-749-2155 x300.

### **Introduction to the Enneagram**

*Ilona O'Connor - Saturday, September 10, 2022 9:30 – 4:00*  
*\$100 Lunch included.*

The Enneagram is an insightful and well-crafted system designed to articulate the core dynamics of personality. It is a powerful tool for developing self-awareness and gaining insight into the dynamics of interpersonal relationships. The Enneagram describes nine distinct character types; each with its own particular point of view and habitual patterns of thought and behavior.

Ilona O'Connor has a degree in Religious Studies and has been working with the Enneagram system since 1988. She has studied with Helen Palmer and David Daniels. Ilona was co-founder of The Ennead Group; presenting the Enneagram in business settings as well as adult education and spiritual communities.

## **The Artist's Way**

*Facilitator: Kay Trask, M.Ed – Tuesdays, September 13 – December 6,  
9:30 – 11:30 am Suggested Donation: \$195:00*

We are all creative! Develop and unleash your creativity by joining Kay Trask and a small group of your peers for a 13 week program exploring your creativity based on the classic bestseller, *The Artist's Way, A Spiritual Path to Higher Creativity* by Julia Cameron. The process will challenge us to look closely at ourselves, in order to explore our relationship with our own creativity. In addition to the weekly meetings, the program requires four hours per week to accomplish the required activities.

The book, *The Artist's Way*, will be required, and will be available at the Abbey bookstore or on Amazon.

Kay Trask has been involved with this program at the Abbey, for several years. Kay is a retired educator who spent most of her career of 40+ years in higher education helping college students strengthen their academic skills.

## **Healing Hands Workshop**

*Denise Patts*

*Part 1: September 17, 2022, Saturday, 9:30am - 4:00pm*

*\$110.00 - Lunch included*

*Healing Hands* is a gentle yet powerful healing technique from which anyone can benefit. This holistic energy will work to assist the body in reducing the effects of stress, tension, chronic pain and fatigue. When we heal ourselves, we are better able to be a healing influence for our friends and loved ones. Spend the day learning and practicing the benefits of *Healing Hands* for yourself.

*Part 2 Workshop*

*Friday, November 11, 2022 6 – 9pm and*

*Saturday, November 12 9:30am - 4:00pm \$160.00 - Lunch included*

*Healing Hands* Part 2 extends the wonderful growth begun in *Healing Hands* 1 by teaching hand positions. The benefit of this additional training is connection to a greater volume of healing energy for yourself and others. Spend these two days learning and practicing how to use your healing hands for service to others.

Denise is an Oblate of St. Benedict, a Reiki Master Teacher, and a graduate of the Rhys Thomas Institute with a certificate of Energy Medicine Practitioner/Master Healer.



## **The Self-Agency Trilogy**

*John Sheff – Tuesdays, January 17, 24, 31, 2023*

These three presentations will focus on becoming the best version of yourself. Self-agency refers to a person's ability to influence one's own life by understanding available resources and taking efficient means-end actions. In presentation one and two, religion is seen as one among many available resources in overcoming anxiety and depression. By understanding its benefits and limitations, one is better able to make effective choices in pursuit of wellness. In presentation #3, a philosophical question is raised about wild spaces, with choices that have both benefits and limitations.

*January 17, 2023*

**Overcoming Depression and Becoming Happy – Religion: Benefits and Limitations**

*January 24, 2023*

**Overcoming Anxiety and Getting to Peace – Religion: Benefits and Limitations**

*January 31, 2023*

**Wild Spaces - A Part or Apart: Benefits and Limitations**

Am I “a part of” wild spaces, or am I “apart from” wild spaces?

John Sheff is a clinical psychologist practicing on the South Shore for over thirty years. He uses both Western and Eastern medicine thinking in his work with clients.

## **Retreats**

For further information and to register, please contact the Retreat office at 781-749-2155 x300 or register on the website: [glastonburyabbey.org](http://glastonburyabbey.org)

**September 23 – 25 2022: Heart, Mind and Body**

*Facilitators: Denise Patts, RMT and Ellie Devine*

*Suggested Offering: \$200.00*

This weekend we will explore diverse approaches to healing and well-being including meditation, prayer, journaling, and varied Eastern practices. The Abbey grounds offer opportunity for this exploration within a beautiful natural setting. All are welcome, no matter where you are on your spiritual journey.

Denise Patts is an Oblate of St. Benedict, a Reiki Master Teacher, and a graduate of the Rhys Thomas Institute with a certificate of Energy Medicine Practitioner/Master Healer.

Ellie Devine is an active member of the Glastonbury community, a spiritual leader, and a long time volunteer in all areas of Glastonbury Abbey.

## **October 28 – 30, 2022: SoulCollage®**

*Dee Davidson*

*Suggested offering: \$200*

SoulCollage® is a fun and creative way to access your inner world. This tool uses your intuition and imagination as a way to bring reflection to the different aspects of your personality. This is a unique way to journey, as once the card is made you can discover how and why it came together for you.

Dee Davidson believes that when we join together and raise our vibration through love we help to balance out the world. She is a licensed Kriya massage therapist, Reiki Master and Yoga Instructor and have been in business since 2003.

## **December 2-4, 2022**

*Advent Retreat: Making Room, Come Lord Jesus*

*Facilitators: Abbot Thomas O'Connor and Ellie Devine*

*Suggested Offering: \$200.00*

As we welcome the season of Advent, how will we prepare and make room for the coming of the Lord? Will this year be different? Can we make ready with stillness, with gratitude, and with anticipation for the “joy that the world cannot give” (John 14:27). Come and join us as we ready our “room” for the realization of God in our life.

## ***Listening to Other Voices Series 2022-2023***

This lecture series hosted by Glastonbury Abbey began in 1999 as a way to foster interfaith dialog. Each year a general topic is presented and speakers address it from the perspective of their own faith tradition. The theme for this year is ***The Journey Continues; Reclaiming the Heart of Faith.***

### **Oct. 20, 2022 - Diana Butler Bass**

*Freeing Jesus and Freeing Ourselves*

Diana Butler Bass, PhD., is an award-winning author, popular speaker, inspiring preacher, and one of America’s most trusted commentators on religion and contemporary spirituality. Her books include *Christianity After Religion*, *Grounded*, and *Freeing Jesus*.

### **Nov. 17, 2022 - Rev. James Martin SJ**

*Where is the Church Going? A Conversation*

Rev. James Martin is the editor-at-large of the Jesuit magazine *America*. In 2017, Pope Francis appointed Fr. Martin as a consultant to the Vatican’s Secretariat for Communications. He is a frequent commentator and guest on NPR and is the author of numerous books.

### **Jan. 19, 2023 - Imam Asif Hirani**

#### *Purifying Hearts with the Divine Guidance and the Process of Self-Development*

Dr. Asif Hirani completed his Masters in Islamic Studies (Usul-ud-din) from Karachi University and attained his PhD from Al-Madina International University in Tafsir & Uloom-ul-Quran. Author of several books, he is currently serving as a Resident Scholar of Worcester Islamic Center in Worcester, MA.

### **Feb. 16, 2023 - Rabbi Noa Kushner**

#### *Connecting Heaven and Earth: Building Modern Religious Community in San Francisco*

In 2011, Rabbi Noa Kushner founded “The Kitchen” in San Francisco in response to friends who were looking for an informal, transformative Shabbat experience that they could not find in traditional synagogues. Today the thriving community provides diverse or interfaith Jewish families an inclusive and accessible connection to Judaism.

### **March 23, 2023 - Brian McLaren**

#### *Staying Christian When the Church is on Fire*

Brian D. McLaren is an author, speaker, activist, and public theologian. A former college English teacher and pastor, he is a passionate advocate for “a new kind of Christianity” – just, generous, and working with people of all faiths for the common good. He is a faculty member of *The Living School* and podcaster with *Learning How to See*, which is part of the *Center for Action and Contemplation*.

### **April 20, 2023 - Rev. Dr. Otis Moss III**

#### *Dancing in the Darkness*

As Senior Pastor of Trinity United Church of Christ in Chicago, Illinois, Rev. Moss brings his unique gift to communicate across generations. Dr. Moss’ creative Bible-based messages have inspired young and old alike. His intergenerational preaching has made Rev. Moss a popular speaker on campuses, at conferences, and churches across the globe. Baylor University’s George Truett Theological Seminary recently recognized Rev. Moss as one of the “12 Most Effective Preachers in the English Speaking World”.

## Special Events

*Saturday, October 8, 2022*

*10:30 am Blessing of the Animals*

Come to Glastonbury Abbey where animals great and small will be blessed – even teddy bears and velveteen ones! Gather at the arbor in front of the monastery.



*Pilgrimage - April 24 – May 7, 2023*

Join Father Timothy, Father Albrecht and a group of pilgrims visiting sites in Croatia, Slovenia, Trieste and Venice. Visit: [www.pilgramages.com/glastonbury](http://www.pilgramages.com/glastonbury)

Come to an information session on September 11th at 11:00 am at the Morcone Center.



## *Abbey Information*

### **Masses and Worship Schedules:**

The Eucharist is celebrated each day and the monks pray the Liturgy of the Hours (chanting, psalms, reading scriptures) four or five times each day. ALL ARE WELCOME to join in these prayer times, regardless of religious background.

Please be aware that masks are **required** for all worship in the Abbey Church.

Sunday Mass is at 9:30

Daily Mass is at 12:00

### **Liturgy of the Hours**

Vigils (end of night prayer) 6:30 AM

Lauds (morning prayer) 7:45 AM

Vespers (evening prayer) 5:15 PM

Compline (night prayer) 7:45 PM

Compline is at 7:15 PM on the first Tuesday of the month.

Compline on the last Monday of the month includes Adoration for Vocations

### **Glastonbury Abbey Gift Shop and Bookstore:**

The bookstore offers a selection of religious titles, both new and traditional, and a wide range of gifts for all sacramental occasions.

**16 Hull Street, Hingham, MA 02043 - 781-749-2155 x210**

Hours: Sunday 10:45 AM – 2:00 PM

Monday – Friday 9:30 AM – 4:30 PM

Saturday 9:30 AM – 3:00 PM

### **Glastonbury Mass Guild/Spiritual Enrollments**

The Glastonbury Mass Guild has prayerfully and financially supported the monastery since 1955. Our Spiritual Enrollments are a beautiful way to share the gift of your love, faith and hope with anyone you know in need of prayer. When loved ones, living or deceased, are enrolled, they are included in the daily Mass, Liturgy of the Hours, and all the monk's prayers and good works.

- To order custom printed Annual and Perpetual Enrollments online visit our website: [www.glastonburyabbey.org](http://www.glastonburyabbey.org)
- All enrollments are also available in the Bookstore or by contacting the Mass Guild office – 781-749-2155 x342 or email [massguild@glastonburyabbey.org](mailto:massguild@glastonburyabbey.org)



## ***Oblates of Glastonbury Abbey***

Oblates are men and women from many Christian denominations who seek to deepen their spiritual journey through a process of prayer, study and reflection in community with like-minded individuals. They are lay people, religious, married and single who have chosen to follow the time-honored Benedictine method of spirituality as set forth by St. Benedict 1,500 years ago and modeled throughout the world by numerous religious orders. An Oblate learns to incorporate his or her prayer life with work, family and community. Oblates become associated with Glastonbury Abbey, but continue to worship in and strengthen their own churches and parishes.

Glastonbury Oblates meet on the first Tuesday of each month beginning with Compline in the Abbey Church at 7:15 PM. For more information, please go to our website:

[www.glastonburyabbey.org/index.php/abbey/oblates](http://www.glastonburyabbey.org/index.php/abbey/oblates)

or email [oblates@glastonburyabbey.org](mailto:oblates@glastonburyabbey.org).

## ***Morcone Conference Center***

A picturesque venue for weddings, events, meetings, and socials of every kind

In the ancient tradition of Benedictine hospitality, the Morcone Conference Center offers a comfortable, light-filled venue for celebrations, meetings, and retreats. The tranquil beauty of its natural setting on the grounds of Glastonbury Abbey in Hingham is a welcome respite from the city, yet it is only minutes away from Boston.



We look forward to the opportunity to work with you to plan your event. Call for rental information or email us with your questions or comments. Catering is available.

Call 781-749-2155 x300 or [retreats@glastonburyabbey.org](mailto:retreats@glastonburyabbey.org)

Morcone Conference Center

20 Hull Street, Hingham

## Chronological List of Offerings 2022 – 2023

- September 10 – Ilona O'Connor, *Introduction to the Enneagram*  
[Adult Education]
- September 13 – December 6 Kay Trask *The Artist's Way*  
[Adult Education]
- September 17 – Denise Patts *Healing Hands Part 1*  
[Adult Education]
- September 20 – October 6 Nicholas Morcone  
*After Jesus – The Early Church* [SEP]
- September 23 – 25 Denise Patts and Ellie Devine  
*Heart, Mind and Body* [Retreat]
- October 3 – May 1 *Commonweal Conversations– 7 Sessions* [SEP]
- October 10 – Timothy Joyce *I Believe; Help my Unbelief* [SEP]
- October 18 – Peter Gyves *Raising Consciousness about Social Issues* [SEP]
- November 7 – *Commonweal Conversation* [SEP]
- November 11 – Denise Patts *Healing Hands Part 2*  
[Adult Education]
- November 14 – Timothy Joyce *I Believe; Help My UnBelief* [SEP]
- November 15 – Regina Boisclair *Matthew's Treasury* [SEP]
- December 2-4 – Abbot Tom O'Connor/Ellie Devine *Advent Retreat*
- December 5 – *Commonweal Conversation* [SEP]
- December 12 – Timothy Joyce *I Believe; Help My Unbelief* [SEP]
- January 9 – Timothy Joyce *I Believe; Help my Unbelief* [SEP]
- January 10 – *Commonweal Conversations* [SEP]
- January 17, 24, 31 – John Sheff *The Self-Agency Trilogy* [Adult Education]
- February 6 – *Commonweal Conversation* [SEP]
- February 13 – Timothy Joyce *I Believe; Help My Unbelief* [SEP]
- February 28 – Sr. Hoda Elsharkawi *Lenten Supper* [SEP]
- March 6 – *Commonweal Conversation* [SEP]
- March 7 – Pishoy Mikhail *Lenten Supper* [SEP]
- March 14 – Rabbi David Grossman *Lenten Supper* [SEP]
- March 21 – Reverend Karen Bailey-Francois *Lenten Supper* [SEP]
- March 28 – Timothy Joyce *Lenten Supper* [SEP]
- April 3 – *Commonweal Conversation* [SEP]
- April 6 – Nicholas Morcone *Easter Triduum (Holy Thursday)* [SEP]
- April 7 – Nicholas Morcone *Easter Triduum (Good Friday)* [SEP]
- April 8 – Nicholas Morcone *Easter Triduum (Easter Vigil)* [SEP]
- April 11 – Ethel Fraga *Mindfulness & Christian Contemplative Practice* [SEP]
- May 1 – *Commonweal Conversation* [SEP]
- May 9 – Julia Upton, *Moving Beyond Boundaries* [SEP]
- May 11 – Ilia Delio [SEP]
- May 23 – Maureen Sullivan *Vatican II: Reborn and Celebrated!* [SEP]

**Glastonbury Abbey**  
**Benedictine Monks**  
16 Hull Street  
Hingham, Massachusetts 02043

