

St. Joseph Spiritual Ministries  
71 Walnut Park  
Newton, MA 02458



## Summer Retreats at Glastonbury Abbey, 2022



*A **Directed Retreat** includes an individual daily meeting with a director focusing on the retreatant's experience of God and help in discerning the interior movements of the Holy Spirit.*

*Within an atmosphere of total silence, there is time for personal prayer, exercise, rest, and liturgy.*

### **Wednesday, June 22 – Thursday, June 30, 2022 (8 Days)**

Carol Fitzsimmons, CSJ, Joanne Fantini, CSJ Agrégée,  
Patricia Smith, SSJ, Dot Masuret, CSJ

### **Tuesday, July 5 – Tuesday, July 12, 2022 (7 Days)**

Nan Bouche, CSJA, Alice Poltorick

### **Thursday, July 14 – Monday, July 18, 2022 (4 Days)**

Carol Fitzsimmons, CSJ, Joanne Fantini, CSJ Agrégée,  
Dorothea Masuret, CSJ, Joan McCarthy, CSJ

### **Wednesday, July 20 – Wednesday, July 27, 2022 (7 Days)**

Joan Duffy, CSJ, Joan McCarthy, CSJ,  
Nancy Kehoe, RSCJ, Carissa Kane

### **Friday, July 29 – Tuesday, August 2, 2022 (4 Days)**

Kathy Hagerty, CSJ, Kathy Short, CSJ,  
Jane O'Shaughnessy, RSCJ, Alice Poltorick

### **Thursday, Aug 4 – Friday, August 12, 2022 (8 Days)**

Carol Fitzsimmons, CSJ, Patricia Smith, SSJ,  
Kathy Short, CSJ, Jane O'Shaughnessy, RSCJ

#### **COST OF DIRECTED RETREATS**

4 days ~ \$370; 7 days ~ \$650; 8 days ~ \$740

A \$150 ***non-refundable, non-transferable deposit***, applicable to the total cost, is required within two weeks of acceptance to reserve a room. The balance is due 10 days prior to the retreat.

Payment can be with cash, check, MC/V/AE/D.

**More details on receipt of confirmation letter.**



**Glastonbury Abbey** provides an ideal place for a retreat.

Situated on 60 acres with woods and spacious lawns, the abbey has many benches, a fountain, a labyrinth, Stations of the Cross and an herb garden.

The abbey is 25 miles south of Boston and Logan Airport. It is 0.8 mile from the Cohasset Station and trains from Boston's South Station.

**Stonecrest, freshly renovated**, accommodates 18 people on three floors. It also has a dining room, a library and a back patio. Stonecrest is air-conditioned and features wireless internet access and ample parking. Bedrooms on the first and third floors have individual bathrooms; second floor rooms have private bathrooms.



*The Sisters of St. Joseph are very grateful to the monks at Glastonbury Abbey for their warm welcome and eagerness to collaborate in the summer directed retreats.*

#### **ARRIVAL & DEPARTURE for Directed Retreats**

Arrival is between 3:00 P.M. and 6:00 P.M.

Dinner is served at 6:30 P.M.

Departure is at approximately 11:30 A.M. and liturgy at 12 noon is optional.

No lunch on the last day.

#### **SPECIAL FEATURES**

The **Eucharist** is celebrated each day and it is open to the public. The monks also pray the **Liturgy of the Hours** chanting psalms, reading scriptures, offering intercessory prayers four or five times each day. (Optional for retreatants.)



**Nantasket Beach** is 2.2 miles away with its pure, soft-sand beach, the clean Atlantic Ocean, a long Boardwalk for strolling, sitting and viewing both sunrises and sunsets.

**Contact us at St. Joseph Spiritual Ministries**  
71 Walnut Park, Newton, Massachusetts, 02458

**781-227-4730**    [spiritual.ministries@csjboston.org](mailto:spiritual.ministries@csjboston.org).

## OUR DIRECTORS

### Nan Bouché, CSJA



Nan Bouché, CSJA, is a wife, mother and grandmother of four precious young granddaughters. She is an associate with the Sisters of St. Joseph of Boston and a retired hospital chaplain. Nan holds a Master's Degree in Theology from Boston College with a concentration in Pastoral Care and Counseling. Having completed two internships in spiritual direction, Nan has been engaged in the practice of spiritual direction for a number of years on Cape Cod where she lives. Nan also directs retreats in various retreat houses. As a trained supervisor, she is engaged in the ministry of supervision of spiritual directors.

### Joan Duffy, CSJ



Over the last ten years, Joan Duffy, CSJ, has been a facilitator for Directed Retreats at St. Joseph Retreat Center in Cohasset, Miramar Retreat Center in Duxbury and recently at Eastern Point Retreat Center in Gloucester. As an experienced group facilitator, her focus has been on discernment of heart as a way of being attentive to God's presence in our lives as each day unfolds. With varied experiences in spiritual companionship, Sister Joan is involved in the ministry of Spiritual Direction at the Motherhouse of the Sisters of St. Joseph in Brighton. Additionally, her ministry involves spiritual companionship of retired sisters and leading prayer services.

### Joanne Fantini, CSJ Agrégée



Joanne currently serves as Director for Saint Joseph Spiritual Ministries. She served at Eastern Point Retreat House for 4 years as Director and 1½ years as a member of the retreat team staff. Joanne received a Master's Degree in Pastoral Ministry with a concentration in Spirituality from Boston College including a year-long practicum at CRD and the Jesuit Collaborative. Joanne has been providing spiritual direction and retreats since 2007 in the Ignatian tradition. She is the mother of 4 adult children and grandmother of one. Joanne recently made her vow as an Agrégée with the Sisters of St. Joseph of Boston.

### Carol Fitzsimmons, CSJ



Carol Fitzsimmons, CSJ has more than 30 years experience as a Spiritual Director and Retreat Director. She has a Masters degree in Counseling, a Certificate of Study from the Jesuit School of Theology, Berkeley, CA,

and holds a Certificate in Spiritual Direction from the Center for Religious Development, Cambridge, Massachusetts. Following 10 years as Team member and teacher in the Sabbatical Program at St. Stephen Priory and Spiritual Life Center, Sister Carol served at St Joseph Retreat Center in Cohasset, Massachusetts. She continues offering Spiritual Direction and Retreats.

### Kathleen Hagerty, CSJ



Kathleen Hagerty, CSJ is a Sister of St. Joseph of Boston. She holds a M.A. in Religious Education from Emmanuel College and a M.A. in Christian Spirituality from Creighton University, Omaha, Nebraska. She is also a NACC Certified Chaplain. Kathleen is a certified Mid-Life Directions Consultant, an international group who conduct aging programs for mid-life and older adults throughout the U.S. and abroad. Kathleen has been an educator and administrator. She recently served as an Interfaith Chaplain for the State of Massachusetts in an inpatient locked clinical setting for fourteen years. Currently, Kathleen conducts workshops on aging and spirituality and does Spiritual Direction and conducts retreats in the New England area.

### Carissa Kane



Carissa Kane is a spiritual director, retreat director, and spirituality writer at [www.hopethatfloats.com](http://www.hopethatfloats.com). Her experience spans over 20 years and includes working with people of all ages in varying settings from individual spiritual direction and retreat work to faith formation, marriage preparation, prayer groups, and visiting those who are sick and the homebound. In addition, she is married with children and works in the business world, experiences that she feels bring a broad perspective to ministry. Carissa is passionate about companionship others on their journey to deepen and grow in relationship with God, and enjoys meeting with people from all walks of life and across different backgrounds and faith traditions.

### Nancy Kehoe, RSCJ



Nancy C. Kehoe, RSCJ, PhD., is a member of the Religious of the Sacred Heart. She is an Assistant Clinical Professor of Psychology in the Department of Psychiatry at Harvard Medical School, part time. Her area of expertise is religion and spirituality in the clinical context. For thirty-five years, using a model she created, Dr. Kehoe has led groups on spiritual beliefs and values for adults with psychiatric disabilities. For

more than ten years she directed retreats at the Retreat Center in Cohasset MA and has presented at the CSJ Intern program in Brighton MA. She is the author of *“Wrestling with Our Inner Angels: Faith, Mental Illness and the Journey to Wholeness.”*

### **Dorothea Masuret, CSJ**



Dorothea Masuret, CSJ, received a Master’s Degree in Pastoral Ministry with a concentration in Spirituality from Boston College. For many years she served in the Office for Pastoral Ministries in the Archdiocese of Boston, providing opportunities for ongoing spiritual formation and pastoral outreach. During this time, she also served as a facilitator for Parish Pastoral Councils, Religious Communities and Parish Staffs assisting them in developing goals and actions that embraced Christ’s Mission. She now is engaged in St. Joseph Spiritual Ministries offering Directed Retreats, Spiritual Direction and Days of Prayer.

### **Joan M. McCarthy, CSJ**



Joan M. McCarthy, CSJ has been ministering in spirituality programs since 1973. She ministered full-time at Gonzaga Retreat House in East Gloucester for approximately seven years, at an ecumenical, residential treatment center in Canada for two years, and at St. Joseph Retreat Center in Cohasset for about fourteen years. Over the years, Joan has given hundreds of 4-30 day retreats in numerous U.S. retreat centers, Wales, Ireland, England and Canada. Presently Joan is part of St. Joseph Spiritual Ministries and continues to offer spiritual direction, supervision, directed retreats, professional development programs for spiritual directors and co-directs a training program in spiritual direction.

### **Jane O’Shaughnessy, RSCJ**



Jane O’Shaughnessy, RSCJ is on the retreat staff at the *Spiritual Ministry Center* in San Diego and is a core team member of *Sophie’s Well: A Center for Sacred Heart Spirituality* for the US-Canada Province of the Society of the Sacred Heart. She has served on many of the Busy Person’s Retreat teams at the Sacred Heart Schools in the U.S. and in Taiwan. She has served as a spiritual director at the Institute for Consecrated Life in the Philippines and returns every other year to co-teach a class in Spiritual Companionship. She received her MTS from Weston Jesuit School of Theology. She is the mother of two daughters and grandmother of four amazing grandchildren.

### **Alice Poltorick**



Alice Poltorick has a certificate in spiritual direction from the Franciscan spiritual direction training program at St. Anthony Shrine and an MBA from Boston College. She has served as director of communications for the Sisters of Mercy, as provincial assistant for the Jesuits, and as a communications consultant with the Sisters of St. Joseph. Alice’s community involvement includes mentoring in the CLA program, facilitating retreats with the Ignatian Spirituality Project, and leading meditation workshops with *More Than Words*. Alice’s experience with Ignatian spirituality deepened during her work with the Jesuits and especially with The Jesuit Collaborative. She has made the Spiritual Exercises in the 19th Annotation format and on a 30-day retreat at Eastern Point. Alice is a member of St. Joseph Spiritual Ministries’ Advisory Board.

### **Kathleen Short, CSJ**



Sister Kathleen Short, CSJ, is an experienced spiritual director and retreat director. Sister Kathleen has facilitated twelve step spirituality retreats for many years. She is also a member of the Credo Dancers of Boston. Sister Kathleen is also: a pastoral counselor, a drug and alcohol counselor, a holistic practitioner, a licensed massage therapist, and a reflexologist. Sister Kathleen focuses her ministry on the poor, those struggling with addiction, the sick and elderly.

### **Patricia Smith, SSJ**



S. Pat Smith is in her 58th year as a Sister of St. Joseph of Springfield, MA. She taught in a high school for 5 years in Springfield. Then, she was invited to teach in Kenya, E. Africa in a secondary school. This led to educational opportunities in varied and diverse ways for forty-two years in East Africa. Among her ministries there: the Women’s Development Program in the Diocese of Kisumu, Kenya; small Christian communities; a program for AIDS with Brothers Of Our Lady of Mercy; Pastoral Ministry with JRS (refugees in Tanzania); Team-Training Spiritual Directors in Kenya; Retreat work, Spiritual Accompaniment and Facilitation of various workshops for people in formation. In 2015 Pat returned home and in 2016, began to minister at Genesis Spiritual Life Center in Westfield, MA. She was called forth as a member of her congregation’s leadership team in 2017 and will finish in 2022.