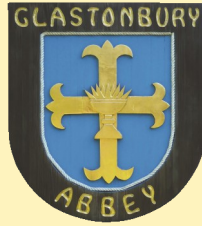


Glastonbury Abbey Institute

2019-2020



Glastonbury Abbey Institute
16 Hull Street, Hingham, Massachusetts 02043

781-749-2155 x300
www.glastonburyabbey.org

About the Glastonbury Abbey Institute

The Institute is an extension of the rich Benedictine monastic teaching tradition found at Glastonbury Abbey. As a spiritual resource for lifelong learning, we invite all people from diverse interfaith and cultural traditions to explore and deepen human ways of knowing and being.

The Institute is self-supporting. Donations in the suggested or any amount are deeply appreciated and will help cover the cost of our programs. Most programs are held at the Morcone Conference Center, 20 Hull Street, Hingham, MA 02043. If you would like to support the Institute, please make your tax-deductible donation payable to Glastonbury Abbey (a 501(c)(3) nonprofit organization), and indicate in the memo line on your check, "Glastonbury Abbey Institute." Please call 781-749-2155, x300 with any questions.

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Abbey Information

Masses and Worship Schedules

The Eucharist is celebrated each day, and the Abbey is open to the public. In addition we pray the Liturgy of the Hours (chanting psalms, reading scriptures, offering prayers of intercession) four or five times each day. ALL ARE WELCOME to join us in these prayer times, regardless of religious background. Follow along with the prayers of the Hours with books available as you enter the church.

Monday through Saturday:

6:30AM — Vigils (end of night prayer)

7:45AM — Lauds (morning praise)

12:00PM — Mass

5:15PM — Vespers (evening prayer)

7:45PM * — Compline (night prayer)

* Compline is at 7:15PM on the 1st Tuesday of the month.

* Adoration for Vocations at Compline — last Monday of the month

Sundays:

6:30AM — Vigils

7:45AM — Lauds

9:30AM — Mass

12:45PM — Midday Prayer

5:15PM — Vespers

7:45PM — Compline

Visitors are also welcome to visit our peaceful grounds: enjoy the herb and community gardens, negotiate the labyrinth, experience the Peace Pole and walk the Stations of the Cross.



Glastonbury Abbey Gift Shop and Bookstore

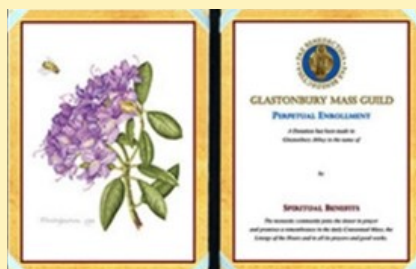
The bookstore offers a large selection of religious titles, both new and traditional, and a wide range of gifts for all sacramental occasions. To order online, please visit www.glastonburyabbey.org and click on "Store."

16 Hull Street • Hingham, MA 02043 • 781-749-2155 x210

Hours: Monday –Saturday: 9:00AM – 4:00PM

Sunday: 12:00PM – 4:00PM

Glastonbury Mass Guild/Spiritual Enrollments



Since 1955, the Glastonbury Mass Guild has prayerfully and financially supported the monastery. Our Spiritual Enrollments are a beautiful way to share the gift of your love, faith and hope with anyone you know in need of prayer. When loved ones, living or deceased, are enrolled,

they are included in the daily Mass, Liturgy of the Hours, and all the monk's prayers and good works.

- We offer: Annual Cards, Five-Year Booklets and Perpetual Enrollment Folders
- To order custom printed Annual and Perpetual Enrollments online: Please visit www.glastonburyabbey.org
- All enrollments are also available in our Bookstore or by contacting the Mass Guild office @ 781-749-2155 x342 or email: massguild@glastonburyabbey.org

Oblates of Glastonbury Abbey



Oblates are men and women from many Christian denominations who seek to deepen their spiritual journey through a process of prayer, study and reflection in community with likeminded individuals. They are lay people, religious, married and single who have chosen to follow the time-honored Benedictine method of spirituality as set forth by St. Benedict 1,500 years ago and modeled throughout the world by numerous religious orders. An Oblate learns to incorporate his or her prayer life with work, family and community. Oblates become associated with Glastonbury Abbey, but continue to worship in and strengthen their own churches and parishes.

Glastonbury Oblates meet on the first Tuesday of each month beginning with Compline in the Abbey Church at 7:15pm. Newcomers attend classes, beginning each Fall, as Oblate Observers to learn the foundations of Benedictine spirituality. For more info, please go to our website: www.glastonburyabbey.org/index.php/abbey/oblates/ or email oblates@glastonburyabbey.org

Retreats 2019 - 2020

Glastonbury Abbey welcomes individuals and groups seeking a peaceful environment for respite and reflection. We also provide lodging and meals for programed, guided and private retreats. Weekend programs, described following, **require a non-refundable reservation deposit.**

Additional options and costs for reserving space are as follows:

- Stonecrest Guest House sleeps 23; minimum 15 persons; **\$350 non-refundable deposit**
- Whiting House sleeps 8; minimum 4 persons; **\$150 non-refundable deposit**
- Overnight Stays (space available basis) \$70 per night (\$80 for one night). Financial assistance may be available for individuals if arranged in advance. Any who can offer more will assist in supporting this ministry.

For further information and reservations, please contact:

781-749-2155 x300 or retreats@glastonburyabbey.org or visit our website.

November 1 – 3, 2019: *The Practice of Presence to Self* Facilitators: Martin Mullins, MS and Bro. Daniel Walters, OSB Suggested Offering: \$200

Presence points to a feeling of awareness, corresponding to the Buddhist term of mindfulness. It is a heart knowing of the self in the now. Engagement with this practice in our daily lives will be presented as one path to lead us on the way toward fullness of being.

Martin Mullins has studied and practiced Psychosynthesis and transpersonal theory for the past twenty eight years. His seminal training was at Eckhart House, Institute of Psychosynthesis and Transpersonal Theory in Dublin, Ireland. Martin has also studied at the Institute of Psychosynthesis, London and participated in programs at the Durckheim Center, Germany.



December 6—8, 2019: *Advent Retreat - Come to the Stable*

Facilitator: Abbot Thomas O'Connor, OSB

Suggested Offering: \$200

Will Christmas be different this year? During Advent we continue our search for God and God's desire for us. This invitation to "Come to the Stable" calls us to journey towards Christmas-waiting in anticipation for the incarnation of God in our lives. If we accept the invitation- what awaits us?



December 28, 2019 – January 1, 2020

New Year Retreat — Listening to Silence

Facilitator: Br. Matthias Bodnar, OSB

Suggested Offering: \$200

Your year will end and your new year will begin in a monastic setting, guided by Br. Matthias along with his fellow monks. We will attempt to help you tap into the silence that guides our monastic existence in hopes that you will carry this very silence not only into your new year, but into your entire year. Guidance in Centered Daily Rhythms, Healthy Food Nourishment & Grounded Meditation Practices will be the focus of your experience during this retreat. If you are searching for new ways to tap into the Spirit to help guide you in the year of 2020, this retreat is just what you need.

January 16—19, 2020: *A Brush with God: An Icon Retreat & Workshop*

Facilitator: Peter Pearson, MDiv, ThD

Suggested Offering: \$520 (All-inclusive Retreat: lodging, use of monastery grounds, prayer with the monks, all meals, workshop with all related materials/supplies.)

Commuters Offering: \$380 (Includes retreat workshop with all related materials/supplies, and lunch & supper meals.)

Byzantine Iconography is a highly structured and disciplined art form which combines prayer and painting techniques to create serene images of Christ, Mary, the Angels, and the Saints, following centuries old guidelines. Peter Pearson has been studying and painting icons for nearly fifty years and teaching others to do so for half that time. He has authored three books on the subject. Peter has painted hundreds of icons for churches, monasteries, seminaries, convents, and individuals all over the world. His students number in the thousands, and each has walked away with an icon of their very own. No previous experience or natural talent is required. We paint, pray, and follow the simple step-by-step instructions.

Peter invites you to journey with him as you paint the image of Our Lady of Glastonbury.



February 28 – March 1, 2020: *Lent Retreat*

Facilitator: Fr. Nicholas Morcone, OSB

Suggested Offering: \$190

What about Lent? Does Lent have any meaning for you? Did it ever? This silent Lenten Retreat will offer time and space for personal prayer, reflection, reading and rest. Guests are welcome to share the Liturgy of the Hours and daily Eucharist with the monks. The Sacrament of Reconciliation will also be available. One presentation will help to focus our thoughts and feelings concerning the observance of Lent.

April 9 – 12, 2020: *The Sacred Triduum Retreat*

Facilitators: Monastic Community

Suggested Offering: \$220

Join the monks of Glastonbury Abbey in celebrating the Liturgy of the Hours and the Sacred Liturgy of the Easter Triduum. Two presentations on the spirituality of the Triduum, as well as an opportunity for the Sacrament of Reconciliation, will provide insight for reflection and a deeper immersion into the Lord's Passion, Death and Resurrection.



May 1 – 3, 2020: *After the Ecstasy, the Laundry*
Facilitator: Louise A. DeSantis Deutsch, MS, Obl. OSB
Suggested Offering: \$200

The title of one of Jack Kornfield's books reminds us of both our longings for intimacy with the Divine and fulfilling our daily commitments. For many, these two goals may seem separate, compartmentalized, or even in conflict with each other. They aren't. In fact, because we are already grace-filled, we can discern how to bring together living in the Mystery while infusing our lives with love no matter how big or small the activity. Through reflection, discussion, and practice, let's share a weekend deepening ways to connect all we are and do as we follow our path toward wholeness.

Louise DeSantis Deutsch holds her Master's Degree in Applied Linguistics from Georgetown University along with courses in graduate study at Columbia, Boston, and Harvard Universities.

June 5 – 7, 2020: *Discerning God's Will: The Practice of Prayerful Decision-making*
Facilitator: Rev. Deborah Roy, MDiv, STM, Obl. OSB
Suggested Offering: \$200

We tend to make countless decisions each day without much thought, but when it comes to making life-altering decisions such as whether or not to begin or end a relationship, change careers or retire, return to school, start a family, buy a home, move to another part of the country, or even attend a new church, we yearn for God's input. This retreat will draw upon the sixteenth-century wisdom of St. Ignatius of Loyola who developed a number of effective tools for "the discernment of spirits". Using his model, we will engage in a series of discussions and exercises designed to help us sort through the challenges of modern-day decision-making and discern God's will for our lives.

Rev. Deborah Roy is an ordained minister with standing in the United Church of Christ and Certified Spiritual Director, specializing in pastoral care, contemplative spirituality, and small group ministry.

Faith and Film Series 2019 - 2020

For the 10th year we will explore aspects of faith, spirituality, courage, love, evil, forgiveness, and redemption through the lens of film. We have two matinees scheduled for November and February this year.

Evening movies begin promptly at 6:30 PM and matinees at 2:30 PM. Discussions will follow the movies. Tea, coffee and snacks will be served. We invite you to come early with friends and bring a sandwich.

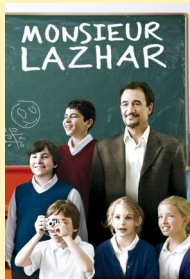
All films will be shown on Thursdays in the Morcone Center.

Glastonbury Abbey holds the appropriate movie site licensing to show all films. Donations are gratefully accepted.

Facilitators: Katherine Becker was involved in public education for 38 years as an English teacher and as a high school guidance counselor. Susan (Bonnie) Delay was a senior research analyst at Boston College's Institute for Scientific Research for 45 years.

Monsieur Lazhar

September 12, 2019 — 6:30PM PG-13 1hr 34 min



Bachir Lazhar, an Algerian immigrant, is hired to replace an elementary school teacher who died tragically. While the class goes through a long healing process, nobody in the school is aware of Bachir's painful former life; nor that he is at risk of being deported at any moment. Adapted from Evelyne de la Cheneliere's play, Bachir Lazhar depicts the encounter between two distant worlds and the power of self-expression. Using great sensitivity and humor, Philippe Falardeau fol-

lows a humble man who is ready to transcend his own loss in order to accompany children beyond the silence and taboo of death.

Ida

October 10, 2019 — 6:30PM PG-13 1 hr 22 min

Poland, 1962. Anna, an orphan brought up by nuns in the convent, is a novice. She has to see Wanda, the only living relative, before she takes her vows. Wanda tells Anna about her Jewish roots. Both women start a journey not only to find their family's tragic story, but to see who they really are and where they belong. They question what they used to believe in.



Loving

November 14, 2019 — 2:30PM (matinee) PG-13 2 hr 3 min



Interracial couple Richard and Mildred Loving fell in love and were married in 1958. They grew up in Central Point, a small town in Virginia that was more integrated than surrounding areas in the American South. Yet it was the state of Virginia, where they were making their home and starting a family, that first jailed and then banished them. Richard and Mildred relocated with their children to the inner city of Washington, D.C., but the family ultimately tries to find a way back to Virginia.

St. Vincent

February 13, 2020 2:30PM (matinee) PG-13 1hr 42 min

Vincent is an old Vietnam vet whose stubbornly hedonistic ways have left him without money or a future.

Things change when his new next-door neighbor's son, Oliver, needs a babysitter and Vince is willing enough for a fee. From that self-serving act, an unexpected friendship forms as Vincent and Oliver find so much of each other's needs through each other. As Vincent mentors Oliver in street survival and other worldly ways, Oliver begins to see more in the old man than just his foibles. When Vincent's life takes a turn for the worse, they both find the best in each other, surprising all those around them.



Which Way Home

April 23, 2020 6:30PM 90 min



In this gripping documentary, a group of young, unaccompanied Central American children struggle to make their way through Mexico, in order to ultimately reach the United States and jump the border to a new home. Director Rebecca Cammisa follows the struggles of these would-be illegal aliens as they battle poverty, dangerous train rides and potential predators, keeping their sights set on the possibility of a better life that awaits in a new country.

Spiritual Enrichment Programs

Fall 2019 – Winter 2020

The Spiritual Enrichment Programs provide educational opportunities for people of all faiths and at different places in their lives to learn more about themselves, connect with others, and interact with the world around them.

Programs will be held at the Morcone Conference Center on Tuesday evenings from 7:00PM -8:30PM.

No registration required.

Suggested Donation: \$20 per session

Aging in Grace

Sr. Kathleen Hagerty, CSJ, MA – September 10 and 17, 2019

This two-part series will consider aging as a gift and grace from our God. Participants will have the opportunity to deepen their knowledge and acceptance of self and God in a reflective and freeing way. Through input, reflection, prayer and sharing, those attending will come to be more comfortable with their aging. If you are in transition, midlife, the mature years, facing retirement or just desirous of growth, these sessions are for you.

Kathleen Hagerty, CSJ is a Sister of St. Joseph of Boston. She holds a M.A. in Religious Education and a M.A. in Christian Spirituality. Kathleen conducts workshops on aging and spirituality and does Spiritual Direction and conducts retreats in the New England area.



The Outbreak of World War I

Fr. Nicholas Morcone, OSB

September 24, October 1, 8, and 15, 2019

The celebration of the one hundredth anniversary of the end of World War I gives reason for reflection on and investigation into just what precipitated “the war to end all wars” when, in the words of one author, “foolish monarchs, diplomats, and generals blundered into a war nobody wanted.” We will examine this “blunder” in four sessions:

- I. Europe in 1914
- II. Personalities and Plans
- III. Outbreak
- IV. Aftermath

Father Nicholas, OSB of Glastonbury Abbey has been a lifelong student of history since he majored in it in college. He has presented several programs on Church History here at the Abbey over the years.

Adult Christianity: Beyond the Catechism

Fr. Timothy Joyce, OSB, STL

October 22 and 29, November 5 and 12, 2019

This four-week course will discuss the nature of faith today as seen in:

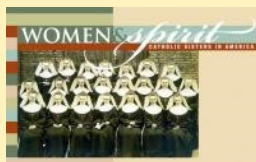
- The historical development of our understanding of our Christian faith, especially since the II Vatican Council
- The importance of the Bible and the Early Church
- How modern science, the ecological movement and world events have shaped our insights;
- The recovery of the mystical tradition of the Church
- The doubts and difficulties we have with the Church
- Consider images of God
- The central place of Jesus Christ

Participants will be invited to grow as more reflective disciples of Christ.

Father Timothy is a monk of Glastonbury Abbey. He holds an advanced degree in systematic theology from the Gregorian University in Rome. He is a published author as well as preacher and retreat director.

Women & Spirit: Catholic Sisters in America: Discover a World Few Have Seen, But Millions have Shared -- Narrated by Cokie Roberts

Sister Dorothea Masuret, CSJ and Bro. Dan Walters, OSB
November 19, 2019



This video narrates the virtually untold story of women who exercised leadership at a time when few women enjoyed such possibilities. Theirs is a story of quiet courage during many dramatic moments in U.S history. Discover

the mystery behind this small community of innovative women who helped shape the nation's social, cultural and spiritual landscape. Following the video presentation, Sister Dorothea Masuret, CSJ will facilitate a discussion on this presentation and where the Spirit is leading woman religious today.

Sister Dorothea received a Master's Degree in Pastoral Ministry with a concentration in Spirituality from Boston College. For many years she served in the Office for Pastoral Ministries in the Archdiocese of Boston providing opportunities for ongoing spiritual formation and pastoral outreach for people involved in parish ministries.

Bro. Dan is a monk at Glastonbury Abbey.

Native American Spirituality: The Navajo

John Sheff, PsyD
December 3, 2019

After a 19 year absence John will return to Canyon de Chelly – sitting in the middle of the Navajo reservation – to hike and to learn from local guides. This session will discuss what is common to “native religions,” the spirituality of the Navajo, and what we can learn from these people who have lived in Canyon de Chelly since 1400 CE.

A clinical psychologist practicing on the South Shore, John Sheff uses both Western and Eastern medicine thinking in the treatment of anxiety and worry.

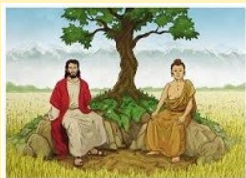
Hiking in the Wilderness: A Metaphor for the Spiritual Journey

John Sheff, PsyD

December 10, 2019

In this session, John suggests that hiking in “wild places” can be thought of as part of one’s spiritual practice. Using examples as distant as the Grand Canyon, the Sonoran Desert, the Grand Tetons, or more locally World’s End, the Blues Hills Reservation or the Norris Reservation, John reflects on the spiritual benefits that are revealed by being present. He suggests that prior to attending, you might wish to visit one of our local “wild places.”

A clinical psychologist practicing on the South Shore, John Sheff uses both Western and Eastern medicine thinking in the treatment of anxiety and worry.



The Sound of Four Feet

Bro. Matthias, OSB and John Sheff, PsyD

April 28, 2020

The earliest teachings of Buddhism and Christianity reflect a new way in how an individual can think about life's most meaningful questions. Both the Buddha and Jesus suggested radically new ways of thinking and acting. They recommended a pattern of life that relieves suffering and promotes compassion which are always practiced in the service of the neighbor. Matthias and John will be discussing the Four Noble Truths which encapsulate the entire Buddhist path, which deeply shares a resonance with the Christian journey. Come and share in this evening of personal history, informed conversation and group reflection. All are welcome.

Bro. Matthias is a monk at Glastonbury Abbey.

John Sheff is a clinical psychologist who uses both Western and Eastern medicine thinking in the treatment of anxiety and worry.

Adult Education 2019—2020

The Artist's Way

Kay Trask, M.Ed.

Tuesday mornings, 9:30AM to 11:30AM

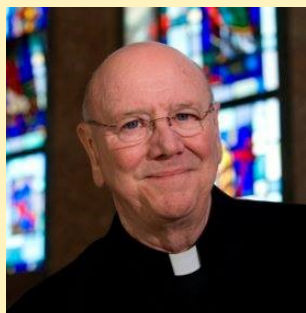
September 17, 2019 – December 10, 2019

Suggested donation: \$125

Registration is required and limited to 12 participants for this course. Please call 781-749-2155 x300 to register.

We are all creative! This 13-week program that is based on the popular book, *The Artist's Way*, by Julia Cameron, helps us to discover or recover our own creative selves by following a spiritual path to more creativity that consists of readings and exercises from the book, writing daily “morning pages,” and participating in weekly “artist dates.” Participants must be willing to commit to 4-5 hours weekly to attend meetings and accomplish the tasks of the program. The book should be purchased before the first class and is available at the Abbey Bookstore.

Kay Trask is a retired college administrator who continues her love of teaching by facilitating small groups devoted to creativity and spiritual practices.



“The Mass”

John Baldovin, SJ, STL, PhD

Saturday, October 19, 2019

9:30AM—3:30PM and includes lunch.

Suggested Donation—\$75.00

Registration is required for this course.

Please call the Abbey Office at 781-749-2155 x300 to register for this program.

Each time we celebrate the Mass, we honor Christ's command to “do this in memory of me.” Now is your chance to explore the history of the liturgy—the marvelous story of the Church's obedience to that command.

Fr. John F. Baldovin, SJ has been teaching in university and seminary settings for many years. He is currently Professor of Historical and Liturgical Theology at the Boston College School of Theology and Ministry.

Faith Seeking Understanding: Theology for Everyone

A weekly series of videos of Boston College Theology teachers with discussion moderated by Father Timothy Joyce, OSB

Tuesday evenings at 7:00PM

January 7, 2020—February 25, 2020

- Jan. 7 The Power of Endless Compassion: An Evening with Fr. Greg Boyle, SJ
- Jan. 14 Praying the "Our Father" with Michael Simone, SJ
- Jan. 21 In Quest of the Jewish Mary -S. Mary Christine Athans, BVM
- Jan. 28 The World Hunger Crisis — Rev. David Beckmann (Bread for the World)
- Feb. 4 The Spirituals: An African American Music Idiom and Its Relevance to our Lives Today -Meyer Chambers and Rev. Oscar Pratt
- Feb. 11 Evolution and the Primacy of Love — S.Ilia Delio, OSF
- Feb. 18 Thomas Merton: A Prophet for our Time — Colleen M. Griffith
- Feb. 25 Young People at Worship in Taizé: Insights Into a Transforming Experience - Brother John of Taizé

Donations are welcome.

Commonweal Conversations 2019-2020

Anyone interested in thoughtful, expansive, intelligent dialogue on issues that matter—whether political, theological, cultural, or artistic—is welcome. The range of topics we've selected for the Commonweal Conversations impact all people. We encourage all participants to offer their opinions respectfully while also generously considering opinions that do not match their own, especially on controversial or charged topics.

Commonweal Conversations at the Abbey occur on Monday evenings from 7:15PM — 8:30PM at the Morcone Center on the following dates:

- September 16 and 23 Gun Control
- October 14 and 21 Assisted Reproductive Rights
- November 11 and 18 Nones and Millennial Spirituality
- January 13 and 20 Clericalism
- February 10 and 17 Religion in Film and TV
- March 16 and 23 Nationalism / Nativism
- April 13 and 20 Monopolies and Corporate Power
- May 4 and 11 The Church and China

Next year's topics may change. Check the Abbey website for final topic selections. Donations are welcome.

Listening to Other Voices 2019 - 2020

The Glastonbury Abbey lecture series was established in the fall of 1999 to foster interfaith dialog. Each year a different general topic is presented and speakers are engaged to address it from the perspective of their own faith tradition. The topic for the series year 2019-2020 is "Pathways to the Sacred." Please join us to hear about the many ways to find the Transcendent.

Lectures are held in the Morcone Conference Center at 7:15pm.

No registration required. Seating is on a first-come, first-seated basis. Parking is also limited. Therefore, we advise that you carpool when possible. Lectures are free. Donations gratefully accepted.

This year's first lecture has been rescheduled from last year's series. We are pleased that Arun Gandhi has agreed to present this program at this time.

September 26, 2019: Mahatma Gandhi (1869 -1948)

His nonviolent campaign for India's independence moved glacially through hunger strikes, marches, boycotts, and imprisonments, ever pressing the British Empire to let go of a province destined to be a free nation. Gandhi's victory through civil disobedience rather than war inspired Martin Luther King Jr., Nelson Mandela, and demonstrators around the world who have gathered peacefully to speak their truth.

Presenter: Arun Gandhi is the fifth grandson of India's iconic leader. Born in South Africa, Arun Gandhi experienced the hatred of whites and blacks. His weapon was hating back. But when he was sent to live with his grandfather in India he learned the power of peace. He is an international lecturer on nonviolence and author of several books, including *The Gift of Anger*. He lives in Rochester, NY.



October 17, 2019: Leo O'Donovan, S.J.

Painting Protest: Violence, Art and Beauty in the 20th Century

The visual and performing arts often invite us to experience the sacred in ways that supersede the written word. Art can inspire us, challenge us, and bring us to new perspectives on our spiritual journey. The 20th century was filled with conflicts that devastated much of Western culture's ideals and its hope for the future. This slide lecture will examine how painters responded to the calamities of the time and how forms of protest joined evocations of beauty in sustaining the human spirit. Fr. O'Donovan knows the power of art. As a child, his parents instilled in him an appreciation of art, an interest that would remain with him throughout his life.

Fr. O'Donovan is president emeritus of Georgetown University and the Director of Mission for Jesuit Refugee Service/USA. He writes extensively on the arts and culture for America magazine.

November 21, 2019: Earl Bullhead

***Walking the Red Road: A Spiritual Journey
(Heartbeat of a Nation)***

To the Lakota, the drum has a life and powerful spirit of its own. It is used to bring balance and renewal to a person through participation in dancing, singing, or listening to the drum. The drum carries the heartbeat of Mother Earth and calls the spirits and nation together. Earl Bullhead performs his songs honestly and simply. Even without a knowledge of Lakota language and culture, one listening can feel the rich treasure of the sacred here. Traveling from North Dakota, Earl brings these sacred rhythms, his story of the role of the drum in his recovery process, and his life as a Lakota singer, all to our doorstep.

Earl Bullhead (Nica Ole – The Curious One) is an enrolled member of the Standing Rock Nation. As a singer/composer, he has been a featured artist with such performers as Buffy St. Marie, was the Song Supervisor for the video production, *Ride to Wounded Knee*, and has become a maker of songs for his people.

January 16, 2020: Barry Gaither ***Go Tell It On the Mountain, African American Spirituality in Music***

Barry Gaither tells the story of the musicians who would play the Blues on Saturday night and then the Gospel on Sunday morning. Indeed, when we think of paths to the sacred, music often comes to the forefront. These genres of the music of Southern black people have provided a personal and social narrative of the African-American experience: songs of love won and lost, hopes found and dashed, remembrances of places and friends as well as other emotional markers of life met. Although reflective of the African-American experience there is a universality to the spirituality expressed in these themes. In this presentation, Mr. Gaither will discuss how African-American spirituality is expressed through these unique and American musical forms.

Since 1969, Mr. Gaither has been a curator at the Museum of Fine Arts in Boston. He is founder, curator and the current Director of the National Center of Afro-American Artists in Roxbury, Massachusetts. His work has established the National Center as a vital cultural presence for African American art in Boston and the nation.

February 20, 2020: Celene Ibrahim, PhD ***Seeking the Transcendent, Islamic Exploration***

Watching the dancing of the Mevlevi, the “whirling” derviches, one is transfixed by their movement as well as their deep meditative state. Reading the beautifully embossed ayat (verses) of the Qua’ran, one feels the power of the words. Gazing at the glittering arches of Shiraz, one’s heart soars. Such are the varied expressions of Muslim devotion. Join Dr. Ibrahim on a journey into the Transcendent through the beauty of Islamic literature and art.

Dr. Celene Ibrahim is a pioneering American Muslim leader. She currently is on the faculty of the Groton School. Her published works include *One Nation, Indivisible: Seeking Liberty and Justice from the Pulpit to the Streets*, as well as the monograph, *Female Figures in Qur’anic Narratives*.

March 19, 2020: Rosalie Will Boxt

Jewish Liturgical Music: Is it “Music” or is it “Prayer?”

The constant evolution of repertoire and the ever-growing canon of music in Reform Jewish prayer is an area in which Rosalie Boxt flourishes. Cantor Boxt sees music as a conduit for the expression of prayers and/or texts that may be challenging, offering a vehicle that allows them to become more relatable. The weaving of a diverse musical tapestry expresses the dynamic challenge of what is considered “traditional” and what opens new doorways to the spirit. Cantor Boxt will explore how sacred chant can help us reach Divine heights and see the world anew.

Cantor Rosalie Boxt is the Director of Worship and Music for the Union for Reform Judaism. A consultant to congregations on issues of music and worship, she also has launched Keshet Shir, a venture that brings together Jewish musicians from diverse backgrounds to study, collaborate, and create meaningful music, which will enrich worship and strengthen communities.

April 16, 2020: Randy Michael Testa, Ed.D.

Picturing the Invisible: Watching Movies for “Seeds of the Gospel”

Randy Testa loves movies! He views them with the educated eye of the connoisseur who has immersed himself in the craft of cinema. But, Dr. Testa takes his appreciation one level deeper. A fan of the Catholic novelist and short story writer, Flannery O’Connor, Dr. Testa follows her observation that “It is what is invisible that God sees and that the Christian must look for.” Tonight’s presentation offers some ways of seeing film as revelatory if not prophetic. Come immerse yourself in this form of storytelling. Picture the invisible by looking with the eyes of the soul. What might you see?

Dr. Testa is the Associate Director of the PreK-16 Program at Harvard Graduate School of Education. He is an award winning developer of creative presentations and formerly served as Vice President for Education and Professional Development at Walden Media.

Lenten Suppers and Discussions Spring 2020

The Abbey offers weekly simple suppers of soup and bread, followed by a spiritual reflection given by noted scholars, community members and a variety of clergy. **All suppers and discussions are held on Tuesday evenings at the Morcone Center and begin at 6:30PM.**

No reservations required. Donations gratefully accepted.

Every Lent the Church invites us to the three traditional practices of prayer, fasting and almsgiving. This year our Lenten supper discussions focus on "The Life of Christ."



March 3: Fr. Timothy Joyce, OSB

The Eternal Word / Sophia / The Incarnation

March 10: Fr. Nicholas Morcone, OSB

The Infancy Narratives (Matthew and Luke 1 -2)

March 17: Fr. Albrecht Nyce, OSB

Public Ministry of Jesus: The Kingdom of God

March 24:

The Passion Narratives

March 31:

Resurrection/Ascension: The Cosmic Christ

The Easter Triduum 2020

Holy Thursday, Good Friday and the Easter Vigil make up the Easter Triduum, a single celebration of the Paschal Mystery spread over three days, the center and high point of which is the Easter Vigil. The liturgies of the Easter Triduum — the evening Mass of the Lord's Supper on Holy Thursday, the Good Friday Celebration of the Lord's Passion and the Easter Vigil — “tell the story” that stands at the core of the Christian faith. They celebrate the abiding significance of these sacred events in the lives of people today.

To help people understand and participate in these liturgies, the monastic community provides a series of reflections, held at the Morcone Center, explaining the rites and meanings of each Triduum liturgy. These reflections and liturgies occur as follows:

Mass of the Lord's Supper, Holy Thursday, April 9, 2020

Liturgy 7:00PM

Celebration of the Lord's Passion, Good Friday, April 10, 2020

Reflection 9:30AM to 11:00AM

Stations of the Cross at 1:30PM on Abbey grounds

Liturgy 3:00PM

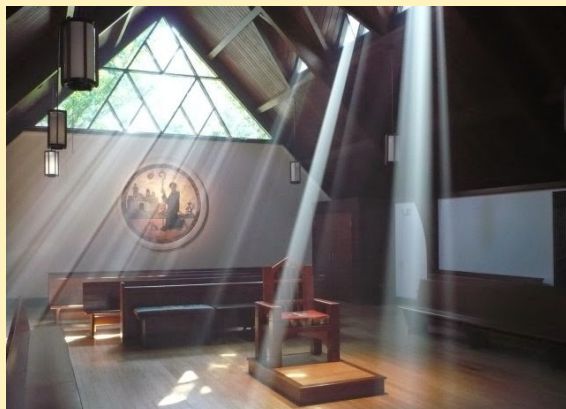
Easter Vigil, Holy Saturday Evening, April 11, 2020

Reflection 9:30AM to 11:00AM

Liturgy 8:00PM to 10:30PM

Easter Mass, Sunday, April 12, 2020 — 11:00AM

In addition, the April 9 - April 12, Sacred Triduum Retreat will cover the reflections on the liturgy, history and spirituality of each day. See page 8.



Days of Reflection 2019-2020

Registration is required. Please call 781-749-2155 x300 to register.

Saturday, September 21, 2019: 9:30AM to 4:30PM

Inked: Grounding Yourself in the Sacred Practice of Ink Washing
Brother Matthias, OSB

Suggested Donation: \$110, includes lunch and supplies

Come for a day of still reflection, spiritual nutrition and moving meditation shared within a peace filled communal setting. You will be guided through this day in an attempt for you to learn an Eastern form of Lectio Divina. Whether you are artistically inclined or not, if you are searching for new ways to tap into, embrace, and express the Spirit which personally speaks to you, this day of reflection is just what you need.

Matthias is a monk artist. His life is a daily routine of meditation, prayer and studio work, and communal time among his fellow brothers at Glastonbury Abbey. All these essential elements in his life allow him to be creative in many different mediums as he sees the process in creating and living his vocation.

Saturday, October 26, 2019: 9:30AM to 2:30PM

Gratitude: A Transformative Spiritual Practice
Kay Trask, MEd

Suggested Donation: \$65, includes lunch

"If the only prayer you ever say in your entire life is thank you, it will be enough." — Meister Eckart

The spiritual practice of gratitude is a powerful and even transformative practice that can add so much to your spiritual life. It is also the foundation for bringing more joy to your life. Come for a day of prayerful reflection, soul searching exercises, and sharing to explore how we can integrate the practice of gratitude into our daily lives.

Kay Trask is a retired college administrator who continues to share her love of learning and teaching by presenting programs on varied spiritual practices. On this day of reflection she shares her experience with the practice of gratitude as a transformative force in her own life and how it can be in yours.

Saturday, November 16, 2019: 9:30AM to 4:30PM

Reiki Level 1: Accelerate Your Own Healing

Denise Patts, RMT/Energy Medicine Practitioner

Suggested Donation: \$110, includes lunch and Certificate

Reiki is a holistic healing modality from Japan. Used for general wellness as well as specific health issues, Reiki works to assist your body in reducing the effects of stress, tension, chronic headaches, insomnia and problems of fatigue due to illness such as Lyme disease and Fibromyalgia. Reiki helps to create an environment for wholeness to take place and will support your current methods of healing. In this Level 1 workshop you will learn about the benefits of Reiki for self-healing, practice hand positions, and receive a Reiki 1 certificate.

Denise Patts is a Reiki Master/Energy Medicine Practitioner whose desire is to work with you to balance your whole system: mind, body and spirit. Whether you need to relax and restore or are dealing with the effects of illness, her own journey to heal has impassioned her to share with others the benefits of Reiki healing. **Please remember to pre-register.**

Saturday, November 23, 2019: 9:00AM to 4:30PM

Benedictine Spirituality as a Wisdom Tradition

Rev. Dr. Cynthia Bourgeault

Suggested Donation: \$120, includes lunch

It is said that wisdom is not knowing more, but knowing MORE DEEPLY, knowing with more of your being participating. In this day-long teaching retreat, we will explore the Benedictine monastic tradition not only as a “school for the Lord’s service” (as it’s described in the Rule of St Benedict), but as a “school for growing being.” Anchored in the daily rhythms of Glastonbury Abbey, a living wellspring of this 1500-year-old tradition, we will explore how the conscious interweaving of prayer and work, word and silence, “alone and together,” gradually call forth that elusive quality known as spiritual maturity or WHOLENESS. We will also explore how this time-honored template for transformation can be adapted to the conditions of our own lives to call forth this same quality of joyous wholeness in a world so deeply imperiled by fragmentation and factionalism.

Cynthia is an Episcopal priest, writer, and retreat leader. Cynthia is a core faculty member at the Center for Action and Contemplation alongside fellow teachers and colleagues James Finley and Richard Rohr.

Wednesday, December 4, 2019: 9:30AM to 11:45AM

An Advent morning of Reflection and Response

Spiritual Direction Team of Glastonbury Abbey

Suggested Donation: \$35 Pre-registration required.

"We are all meant to be mothers of God, for God is always needing to be born." — Meister Eckhart

How do I respond to the call to birth God's love in the world this Advent? During this morning program we will share reflections, periods of silence and mindful dialogue to stir the individual's unique response to this question.

Friday, December 20, 2019: 9:30AM to 11:30AM

Learning and Loving the Labyrinth

Brother James Crowley, OSB

Suggested Donation: \$25

As the winter solstice takes place, come and learn to love the Labyrinth as a spiritual practice. If weather permits, we will walk the lovely outdoor Abbey Labyrinth. If the weather does not cooperate, we will stay inside and develop our knowledge with the use of finger labyrinths. Either way, you will leave having learned to love the labyrinth as part of your spiritual practices.

Both James Crowley, OSB, a monk at Glastonbury Abbey was one of the original builders of the Abbey Labyrinth several years ago, and he has continued to study and share his love of labyrinths with those looking to add walking meditation to their spiritual practices.

Saturday, March 28, 2020: 9:00AM to 4:00PM

Science and Religion:

What Indeed Has Athens to do with Jerusalem?

Fr. Albrecht Nyce, OSB

Suggested Donation: \$80, includes lunch Pre-registration required.

The subtitle question deals with the relation between reason — represented by Athens, and faith — represented by Jerusalem. It was posed by the church father Tertullian (c. 160-230 CE) and remains a central preoccupation among contemporary philosophers of religion. We will consider notions of ultimate meaning, infinity/eternity, comfort, and terror of the absolute, all in light of the challenges by the natural sciences. No prerequisites except a mind open to wild speculation!

Fr. Albrecht Nyce, OSB, is a monk of Glastonbury Abbey and formerly a college professor. He holds degrees in science and religion. He frequently feels the existential angst of having one foot firmly planted in the science of the 21st Century and the other rooted in the mysticism of the 12th.

Saturday, June 6, 2020: 9:30AM to 1:30PM

The Strengths Within You Meditation

Nicole Reilly, Kara Lynch and Josh Black

Suggested Donation: \$50, includes lunch Pre-registration required.

Everything you want to be exists within you. But this doesn't mean going it alone. On this day of reflection, we will help you build your confidence and gain clarity on *the strengths within you*. Through tea meditation, journaling, intention setting, and sharing in small circles, we will teach you how to begin to quiet your mind and awaken your full potential.

Return home with an individualized plan and a clear focus on how to set daily intentions that will begin to create the changes that you desire in your life.

Nicole Reilly, a meditation facilitator at the Abbey, along with Kara Lynch and Josh Black, co-creators of *The Strength Within You Method*, invite you to awaken to your full potential.

Mornings of Prayer 2019-2020

Sisters of St. Joseph

Wednesday, October 9, 2019 and

Wednesday, May 6, 2020

9:00AM — 11:45AM

The Sisters of St. Joseph will be presenting two mornings of prayer at Glastonbury Abbey. For further details and preregistration, please call Sr. Dorothea Masuret, CSJ at St. Joseph Spiritual Ministries at 781-227-4730.



2019- 2020 Special Events

Meditation Under the Stars

Monday evenings from 6:30PM to 7:30PM year round.

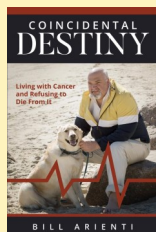


A spiritual escape from hectic lifestyles. A time to offer peace, love and compassion during chaotic times. During the summer, we meet outdoors on the abbey grounds. We ask that you bring lawn chairs or meditation pillows/chairs. During inclement weather, meditation will be held in the Abbey Church. In the winter months, we meet inside at the Morcone Center.

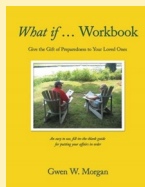
There is no fee for meditation; donations are welcome.

Thursday, September 19, 2019 - 7:00PM

Coincidental Destiny: Living with Cancer and Refusing to Die From It Bill Arienti, author and firefighter for 32 years, will talk about his book, which tells the story of how and why he chooses to live exuberantly in spite of cancer and other adversities which life has thrown at him.



Thursday, October 3, 2019—6:30PM to 8:30PM



WHAT IF something unexpected were to happen to you? Gwen W. Morgan will lead you through the necessary steps for organizing all that is imperative to have in one central location. Suggested donation: **\$35, includes book**

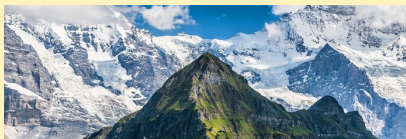
Saturday, October 5 2019 10:30AM

Blessing of the Animals

Come to Glastonbury Abbey with your pets, great and small, even teddy bears too, where they will be blessed. Gather at the arbor in front of the Church.



May 10—22, 2020 Pilgrimage to N. Italy and Switzerland



Contact Fr. Tim Joyce for information and registration form — joycet@glastonburyabbey.org or call 781-749-2155 x300

Friday, November 8, 2019 from 4PM – 8PM
Saturday, November 9, 2019 from 9AM – 3PM
5th Annual - Artisan Craft Fair



Begin your holiday shopping at The Morcone Conference Center.

Gifts Galore: pottery, jewelry, paintings, sculptures, photography, hand-knit items, baked goods, plus raffle items.

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We look forward to the opportunity to work with you to plan your event. Please feel free to call for rental information or email us with your questions or comments. Catering is available.

Office: 781-749-2155 x300 or retreats@glastonburyabbey.org

Anam Cara is the woman's spirituality group at the Abbey which offers women the opportunity to share a spiritual journey together. We meet on the second Friday evening of each month from September through June at 7:00PM. All are welcome. Contact Ellie Devine for more information – ellivine70@gmail.com



Spiritual Direction is a centuries old ministry that has seen a resurgence in recent years as people from all faith traditions struggle to find the presence of the Divine amid the busyness and chaos of their lives. To help find a spiritual director contact Mayre Hammond at spiritualdirection@glastonburyabbey.org.

Chronological List of Offerings

2019

Year-round *Meditation Under the Stars* [Special Event]

September 10 and 17 Sr. Kathleen Hagerty, CSJ *Aging in Grace* [SEP]*

September 12 6:30PM *Monsieur Lazhar* [Faith & Film]

September 16 and 23 @ 7:15PM **Commonweal Conversation**

September 17 - December 10 Kay Trask *The Artist's Way* [Adult Ed]

September 19 Bill Arienti *Coincidental Destiny...* [Special Event]

September 21 Bro. Matthias, OSB *Inked* [Day of Reflection]

September 24, October 1, 8, and 15 Fr. Nicholas *The Outbreak of WW I* [SEP]

September 26, 2019: Mahatma Gandhi (1869 -1948) [Lecture Series]**

October 3 Gwen Morgan *What If* [Special Event]

October 5 Glastonbury Abbey *Blessing of the Animals* [Special Event]

October 9 Sisters of St. Joseph *Morning of Prayer* [Mornings of Prayer]

October 10 6:30PM *Ida* [Faith & Film]

October 14 and 21 @ 7:15PM **Commonweal Conversation**

October 17 Leo O'Donovan S.J. *Painting Protest: Violence, Art and Beauty in the 20th Century* [Lecture Series]

October 19 John Baldovin *The Mass* [Adult Ed]

October 22, 29, November 5, and 12 Fr. Timothy Joyce *Adult Christianity: Beyond the Catechism* [SEP]

October 26 Kay Trask *Gratitude* [Day of Reflection]

November 1 – 3 Martin Mullins, M.Sc. and Bro. Daniel Walters, OSB *The Practice of Presence to Self* [Retreats]

November 8 and 9 Artisan Fair [Special Event]

November 11 and 18 @ 7:15PM **Commonweal Conversation**

November 14 @ 2:30PM (matinee) *Loving* [Faith & Film]

November 16 Denise Patts *Reiki Level 1* [Day of Reflection]

November 19 Sr. Dorothea and Bro. Dan *Honoring Women Religious* [SEP]

November 21 Earl Bullhead *Walking the Red Road* [Lecture Series]

November 23 Rev. Dr. Cynthia Bourgeault [Day of Reflection]

December 3 John Sheff *Native American Spirituality: The Navajo* [SEP]

December 4 Spiritual Direction Team *An Advent Morning of Reflection and Response* [Day of Reflection]

December 6 – 8, 2019 Abbot Thomas O'Connor, OSB *Advent Retreat – Come to the Stable* [Retreats]

December 10 John Sheff *Hiking in the Wilderness: A Metaphor for the Spiritual Journey* [SEP]

December 20 Bro. James Crowley, OSB *Learning and Loving the Labyrinth* [Day of Reflection]

December 28, 2019 – January 1, 2020 Br. Matthias Bodnar, OSB *New Year Retreat - Listening to Silence* [Retreats]

*[SEP] – Spiritual Enrichment Program

**[Lecture Series] = Listening To Other Voices

2020

Year-round *Meditation Under the Stars* [Special Event]

January 7, 14, 21, 28, February 4, 11, 18, and 25 *Faith Seeking Understanding* [Adult Ed]

January 13 and 20 @ 7:15PM **Commonweal Conversation**

January 16 Barry Gaither *Go Tell It On the Mountain, African American Spirituality in Music* [Lecture Series]

January 16 - 19, 2020 Peter Pearson *A Brush with God: An Icon Retreat & Workshop* [Retreats]

February 10 and 17 @ 7:15PM **Commonweal Conversation**

February 13 2:30PM (matinee) *St. Vincent* [Faith & Film]

February 20 Celene Ibrahim, PhD *Seeking the Transcendent, Islamic Exploration* [Lecture Series]

February 26 **Ash Wednesday**

February 28 - March 1 Fr. Nicholas Morcone OSB *Lenten Retreat* [Retreats]

March 3 Fr. Timothy Joyce *The Eternal Word / Sophia / The Incarnation* [Lenten Supper]

March 10 Fr. Nicholas Morcone *The Infancy Narratives* [Lenten Supper]

March 16 and March 23 @ 7:15PM **Commonweal Conversation**

March 17 Fr. Albecht Nyce *Public Ministry of Jesus: The Kingdom of God* [Lenten Supper]

March 19 Rosalie Will Boxt *Jewish Liturgical Music: Is it "Music" or is it "Prayer?"* [Lecture Series]

March 24 TBA *The Passion Narratives* [Lenten Supper]

March 28 Fr. Albrecht Nyce, OSB *Science and Religion* [Day of Reflection]

March 31 TBA *Resurrection/Ascension: The Cosmic Christ* [Lenten Supper]

April 9 - 12 Monastic Community *The Sacred Triduum* [Retreats]

April 10 - 11 Monastic Community *Easter Triduum Daily Meditations.* [Triduum]

April 13 and April 20 @ 7:15PM **Commonweal Conversation**

April 16 Randy Testa *Picturing the Invisible: Watching Movies for "Seeds of the Gospel"* [Lecture Series]

April 23 @ 6:30PM *Which Way Home* [Faith & Film]

April 28 John Sheff and Bro. Matthias *The Sound of Four Feet* [SEP]

May 1 - 3 Louise DeSantis Deutsch *After the Ecstasy, the Laundry* [Retreats]

May 4 and 11 @ 7:15PM. **Commonweal Conversation**

May 6 Sisters of St. Joseph *Morning of Prayer* [Mornings of Prayer]

May 10 - 22 *Pilgrimage to N. Italy and Switzerland* [Special Event]

June 5 - 7 Rev. Deborah Roy *Exploring Prayer* [Retreats]

June 6 Nicole Reilly, Kara Lynch and Josh Black *The Strengths Within You Meditation* [Day of Reflection]

Cancellations — An email will be sent by 4PM on the day of cancellation to all persons whose email address is on record with the Abbey. If in doubt, check the Abbey website or call the office at 781-749-2155 x300.

We Would Like Your Email Address

Why? To keep you informed about scheduled or additional lectures, events, or to any changes to scheduled programs. We can help you stay connected and be the involved individuals we all want to be!

Please go online at:

www.glastonburyabbey.org/index.php/newsletter-signup and give us your email address.

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