### DIRECTED RETREATS

A **Directed Retreat** includes an individual daily meeting with a director focusing on the retreatant's experience of God and help in discerning the interior movements of the Holy Spirit.

Within an atmosphere of total silence, there is time for personal prayer, exercise, rest, and liturgy.

June 28 - July 6, 2018 (8 days) Carol Fitzsimmons, CSJ, Joan Duffy, CSJ, Lyn Ferrara

> July 9 - 17, 2018 (8 days) Lyn Ferrara, Nancy Kehoe, RSCJ, Joan McCarthy, CSJ,

July 18 - 26, 2018 (8 days) Mary Gallagher, Kathleen Short, CSJ, Joan McCarthy, CSJ, Patricia McDermott, IHM

July 28 - August 1, 2018 (4 days) Carol Fitzsimmons, CSJ, Marybeth Harmon, Carissa Kane, Mary Beth Robinson

**August 7 - 15, 2018** (8 days) Pauline Curley, CSJ, Nancy Kehoe, RSCJ, Nancy Sheridan, SASV, Kathleen Short, CSJ

August 18 - 25, 2018 (7 days) Chris Connolly, OP, Joan M. McCarthy, CSJ, Nancy Sheridan, SASV, Kathleen Hagerty, CSJ

### SPIRITUAL EXERCISES

### **NINETEENTH ANNOTATION RETREAT**

Weekly Individual Sessions September through May in Brighton. Call or email for more details.

### SPIRITUAL DIRECTION INTERNSHIP INITIATIVE (SDII)

Individuals who desire formal training in the art of Spiritual Direction are invited to apply for this intensive eight-month program. It meets on 31 Tuesdays September through April from 9:15 A.M. - 4:00 P.M. There are also two weekend programs.

Place: Brighton, MA Applications for 2018-2019 now being accepted

Saint Joseph Spiritual Ministries 637 Cambridge Street Brighton, Massachusetts 02135

# Saint Joseph Spiritual Ministries

### July & August, 2018 **Directed Retreats**

### MISSION STATEMENT

St. Joseph Spiritual Ministries, founded and supported by the Congregation of the Sisters of St. Joseph of Boston, welcomes women and men of all faith traditions and cultures who seek a deeper relationship with God, self and all creation. In collaboration with other dedicated people we are committed to offering spiritual direction and diverse spiritual opportunities in various locations for individuals and groups.



The Sisters of St. Joseph of Boston have planned the Directed Retreats to be offered with other trained directors and held at Glastonbury Abbey, Hingham, MA Additional opportunities related to spiritual direction are offered in Brighton, MA

### SPECIAL FEATURES



The Eucharist is celebrated each day and it is open to the public. The monks also pray the Liturgy of the Hours chanting psalms, reading scriptures, offering intercessory prayers four or five times each day. (Optional for retreatants.)

Nantasket Beach is 2.2 miles away with its pure, soft-sand beach, the clean Atlantic Ocean, a long boardwalk for strolling, sitting and viewing both sunrises and sunsets.



Situated on 60 acres with woods and spacious lawns, the abbey has many benches, a fountain, a labyrinth, stations of the cross and an herb garden. It is 0.8 mile from the Cohasset Station and trains from Boston's South Station.

### SPIRITUAL DIRECTION

Individual Spiritual Direction is available in Brighton, MA.

## SUPERVISION FOR SPIRITUAL DIRECTORS

Director-centered individual supervision is available in Brighton for those giving the 19th Annotation Retreat and/or those in the ministry of spiritual direction.

PLEASE E-MAIL US YOUR PRESENT E-MAIL ADDRESS

### ACCOMMODATIONS

**Glastonbury Abbey** provides an ideal place for a retreat.

It has two retreat houses, Stonecrest and Whiting House. Both are air-conditioned and feature: wireless internet access, ample parking, private bedrooms and private bathrooms.





"All guests who present themselves are to be welcomed as Christ for he himself will say, I was a stranger and you welcomed me." Rule of Benedict 53:1

### PROFESSIONAL DAY

May 16, 2018, Lucy Ann Tucker SUPERVISION: TOOLS FOR GROWING AS A SPIRITUAL DIRECTOR

This day is for people who are engaged in the ministry of spiritual direction and/or directed retreats.

10 A.M. - 3 P.M., Brighton, MA

Cost: \$65/day includes lunch

### FEES

The following prices are effective for all retreats.

#### **Directed Retreats**

4 days ~ \$360; 7 days ~ \$630; 8 days ~ \$720

A \$100 <u>non-refundable</u>, <u>non-transferable</u> <u>deposit</u>, applicable to the total cost, is required within two weeks of acceptance to reserve a room.

The balance is due 10 days prior to the retreat.

You must apply for the full retreat.

Payment can be with cash, check, MC/V/AE/D Details will be in your confirmation letter.

### REGISTRATION

Please email or call

### spiritual.ministries@CSJBoston.org 781-227-4730

to receive program applications, more details on **ALL** programs or to ask any question.

### ARRIVAL & DEPARTURE

### **For Directed Retreats**

arrival is between 3:00 P.M. and 6:00 P.M. Dinner is served at 6:30 P.M.

Departure is after lunch on the last day at approximately 1:00 P.M. - 1:15 P.M.

### DIRECTIONS



Only to receive the best directions to Glastonbury Abbey please visit their website: www.glastonburyabbey.org. or call 781-749-2155 x343.

The Sisters of St. Joseph are very grateful to the monks at Glastonbury Abbey for their warm welcome and eagerness to collaborate in the summer directed retreats.